

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

1 - 1ª Jornada

24.10.09 - 16:00

Prova 1
24.10.09 - 16:00

Masc., 200m Livres

13 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Francisco Xavier Goncalves 50m: 31.66 31.66 100m: 1:08.96	13 Fundação Beatriz Santos	2:24.10 200m: 2:24.10	356 36.24
2. Eduardo Filipe Carvalheiro 50m: 33.88 33.88 100m: 1:12.60	13 Columbófila Cantanhedense	2:30.87 200m: 2:30.87	310 38.67
3. Joao Pedro Valerio 50m: 35.05 35.05 100m: 1:14.59	13 Miranda do Corvo	2:34.67 200m: 2:34.67	288 1:20.08
4. Jose Miguel Ventura 50m: 36.00 36.00 100m: 1:15.72	13 Fundação Beatriz Santos	2:34.84 200m: 2:34.84	287 1:19.12
5. Alexandre Valdagua Coutinho 50m: 34.66 34.66 100m: 1:15.58	13 Columbófila Cantanhedense	2:36.68 200m: 2:36.68	277 38.42
6. Francisco Miguel Oliveira 50m: 35.48 35.48 100m: 1:15.65	13 Columbófila Cantanhedense	2:36.80 200m: 2:36.80	277 38.78
7. Luis Henrique Neves 50m: 35.24 35.24 100m: 1:17.27	13 Fundação Beatriz Santos	2:40.26 200m: 2:40.26	259 39.24
8. Nuno Miguel Caridade 50m: 36.99 36.99 100m: 1:18.56	13 Fundação Beatriz Santos	2:41.08 200m: 2:41.08	255 38.93
9. Jorge Martins Garcia 50m: 38.08 38.08 100m: 1:22.10	13 Ginásio Figueirense	2:50.77 200m: 2:50.77	214 42.81
10. Filipe Daniel Rodrigues 50m: 36.49 36.49 100m: 1:19.82	13 Vigor da Mocidade	2:51.02 200m: 2:51.02	213 44.57
11. Andre David Mata 50m: 37.45 37.45 100m: 1:22.34	13 Fundação Beatriz Santos	2:56.32 200m: 2:56.32	195 1:33.98
12. Bernardo Gomes Pereira 50m: 39.89 39.89 100m: 1:26.86	13 Ginásio Figueirense	2:59.69 200m: 2:59.69	184 1:32.83
13. Joao Ricardo Silva 50m: 40.22 40.22 100m: 1:29.14	13 Ginásio Figueirense	3:02.74 200m: 3:02.74	175 42.59
14. Simao Pedro Coelho 50m: 41.20 41.20 100m: 1:28.38	13 Náutico/Matobra	3:04.52 200m: 3:04.52	170 46.24
15. Joao Barros Mendes 50m: 44.31 44.31 100m: 1:37.77	13 Académica de Coimbra	3:23.01 200m: 3:23.01	127 51.20
16. Daniel Alexandre Ramalhao 50m: 52.89 52.89 100m: 1:53.88	13 Infante de Montemor	3:53.85 200m: 3:53.85	83 57.48
DSQ Alexandro Malva Portasio <i>Demora na partida</i>	13 Columbófila Cantanhedense		

Prova 1
24.10.09 - 16:00

Masc., 200m Livres

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Francisco Jose Fernandes 50m: 30.78 30.78 100m: 1:05.21	14 Lousanense	2:13.36 200m: 2:13.36	450 33.30
2. Diogo Andre Santos 50m: 31.00 31.00 100m: 1:06.76	14 Columbófila Cantanhedense	2:20.16 200m: 2:20.16	387 35.83
3. Daniel Baptista Relvao 50m: 33.01 33.01 100m: 1:09.67	14 Académica de Coimbra	2:22.85 200m: 2:22.85	366 35.43

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 1, Masc., 200m Livres, 14 anos

Lugar	Idade	Tempo final	Pts
4. Joao David Santos 50m: 33.80 33.80 100m: 1:11.09 37.29 150m: 1:49.49 38.40 200m: 2:27.40 37.91	14 Miranda do Corvo	2:27.40	333
5. Joao Goncalves Figueiredo 50m: 32.38 32.38 100m: 1:09.13 36.75 200m: 2:27.98 1:18.85	14 Ginásio Figueirense	2:27.98	329
6. Andre Loureiro Ramos 50m: 35.80 35.80 100m: 1:15.60 39.80 150m: 1:56.67 41.07 200m: 2:34.66 37.99	14 Ginásio Figueirense	2:34.66	288
7. Jorge Henrique Roque 50m: 36.37 36.37 100m: 1:17.30 40.93 150m: 1:58.13 40.83 200m: 2:39.26 41.13	14 Ginásio Figueirense	2:39.26	264
8. David Jose Fernandes 50m: 37.69 37.69 100m: 1:19.50 41.81 200m: 2:47.53 1:28.03	14 Vigor da Mocidade	2:47.53	227
9. Joao Marques Pereira 50m: 39.38 39.38 100m: 1:23.58 44.20 150m: 2:08.67 45.09 200m: 2:52.69 44.02	14 Infante de Montemor	2:52.69	207
10. Guilherme Filipe Pimenta 50m: 38.29 38.29 100m: 1:22.17 43.88 150m: 2:08.09 45.92 200m: 2:55.41 47.32	14 Vigor da Mocidade	2:55.41	198
11. Bruno Filipe Ramos 50m: 39.31 39.31 100m: 1:25.65 46.34 150m: 2:14.15 48.50 200m: 3:00.87 46.72	14 Columbófila Cantanhedense	3:00.87	180
DSQ Joao Miguel Belchior <i>Partida antecipada</i>	14 Náutico/Matobra		

Prova 1
24.10.09 - 16:00

Masc., 200m Livres

15 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Francisco Xavier Rodrigues 50m: 28.84 28.84 100m: 1:01.41 32.57 150m: 1:36.61 35.20 200m: 2:09.60 32.99	15 Académica de Coimbra	2:09.60	490
2. Joao Andre Neves 50m: 29.67 29.67 100m: 1:02.65 32.98 150m: 1:36.44 33.79 200m: 2:10.29 33.85	15 Académica de Coimbra	2:10.29	482
3. Gustavo Lopes Ribeiro 50m: 29.87 29.87 100m: 1:03.49 33.62 150m: 1:37.07 33.58 200m: 2:10.40 33.33	15 Académica de Coimbra	2:10.40	481
4. Tiago Miguel Alves 50m: 30.32 30.32 100m: 1:03.72 33.40 150m: 1:37.71 33.99 200m: 2:10.65 32.94	15 Columbófila Cantanhedense	2:10.65	478
5. Luis Gabriel Santos 50m: 30.47 30.47 100m: 1:03.78 33.31 150m: 1:37.78 34.00 200m: 2:11.13 33.35	15 Ginásio Figueirense	2:11.13	473
6. Rui Jorge Dias 50m: 31.01 31.01 100m: 1:04.91 33.90 150m: 1:39.61 34.70 200m: 2:12.78 33.17	15 Miranda do Corvo	2:12.78	455
7. Luis de Oliveira 50m: 30.94 30.94 100m: 1:05.22 34.28 150m: 1:40.76 35.54 200m: 2:14.51 33.75	15 Académica de Coimbra	2:14.51	438
8. Jose Antonio Forte 50m: 31.08 31.08 100m: 1:05.53 34.45 150m: 1:40.89 35.36 200m: 2:15.24 34.35	15 Académica de Coimbra	2:15.24	431
9. Joao Antonio Oliveira 50m: 32.21 32.21 100m: 1:09.06 36.85 200m: 2:24.29 1:15.23	15 Ginásio Figueirense	2:24.29	355
10. Bernardo Tiago Abreu 50m: 34.51 34.51 100m: 1:12.74 38.23 150m: 1:50.48 37.74 200m: 2:27.41 36.93	15 Académica de Coimbra	2:27.41	333
11. Ruben Jordao Fernandes 50m: 34.04 34.04 100m: 1:12.16 38.12 150m: 1:52.61 40.45 200m: 2:31.39 38.78	15 Miranda do Corvo	2:31.39	307
12. Joao Miguel Rodrigues 50m: 34.72 34.72 100m: 1:15.18 40.46 150m: 1:57.71 42.53 200m: 2:35.50 37.79	15 Vigor da Mocidade	2:35.50	284
13. Miguel Machado Gois 50m: 35.87 35.87 100m: 1:16.71 40.84 150m: 1:58.39 41.68 200m: 2:37.77 39.38	15 Académica de Coimbra	2:37.77	271

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 1, Masc., 200m Livres

Prova 1 Masc., 200m Livres 16 anos
24.10.09 - 16:00 Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final		Pts
1. Joao Nuno Pires	16	Náutico/Matobra	2:05.95	534	
50m: 29.49 29.49	100m: 1:01.36 31.87	150m: 1:33.85 32.49	200m: 2:05.95 32.10		
2. Joao Pedro Veiga	16	Náutico/Matobra	2:06.48	527	
50m: 30.32 30.32	100m: 1:02.64 32.32	150m: 1:33.85 32.49	200m: 2:06.48 1:03.84		
3. Gustavo Almeida Madureira	16	Académica de Coimbra	2:06.72	524	
50m: 28.21 28.21	100m: 1:00.15 31.94	150m: 1:34.52 34.37	200m: 2:06.72 32.20		
4. Joao Manuel Borges	16	Ginásio Figueirense	2:08.68	500	
50m: 29.61 29.61	100m: 1:02.36 32.75	150m: 1:33.85 32.49	200m: 2:08.68 1:06.32		
5. David Jose Fonseca	16	Columbófila Cantanhedense	2:08.88	498	
50m: 29.50 29.50	100m: 1:02.33 32.83	150m: 1:35.62 33.29	200m: 2:08.88 33.26		
6. Diogo Cunha Girao	16	Columbófila Cantanhedense	2:09.47	491	
50m: 29.58 29.58	100m: 1:02.26 32.68	150m: 1:35.90 33.64	200m: 2:09.47 33.57		
7. Joao Filipe Lucas	16	Académica de Coimbra	2:12.31	460	
50m: 30.73 30.73	100m: 1:04.03 33.30	150m: 1:33.85 32.49	200m: 2:12.31 1:08.28		
8. Francisco Leonardes Alves	16	Académica de Coimbra	2:14.25	441	
50m: 30.19 30.19	100m: 1:04.38 34.19	150m: 1:40.12 35.74	200m: 2:14.25 34.13		
9. Ruben Paiva Carvalho	16	Académica de Coimbra	2:17.10	414	
50m: 31.20 31.20	100m: 1:06.16 34.96	150m: 1:33.85 32.49	200m: 2:17.10 1:10.94		
10. Pedro Daniel Pinto	16	Miranda do Corvo	2:22.24	370	
50m: 32.68 32.68	100m: 1:09.14 36.46	150m: 1:46.68 37.54	200m: 2:22.24 35.56		

Prova 1 Masc., 200m Livres 17 - 18 anos
24.10.09 - 16:00 Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final		Pts
1. Andre Filipe Lopes	18	Académica de Coimbra	1:56.53	674	
50m: 27.88 27.88	100m: 56.92 29.04	150m: 1:26.61 29.69	200m: 1:56.53 29.92		
2. Mario Alexandre Pereira	18	Ginásio Figueirense	1:57.99	649	
50m: 27.00 27.00	100m: 56.93 29.93	150m: 1:28.64 31.71	200m: 1:57.99 29.35		
3. Andre Duarte Vaz	17	Ginásio Figueirense	2:02.70	577	
50m: 27.69 27.69	100m: 58.44 30.75	150m: 1:31.10 32.66	200m: 2:02.70 31.60		
4. Tiago Rafael Lopes	18	Académica de Coimbra	2:04.00	559	
50m: 28.22 28.22	100m: 59.37 31.15	150m: 1:26.61 29.69	200m: 2:04.00 1:04.63		
5. Daciano Egidio Sousa	17	Ginásio Figueirense	2:06.09	532	
50m: 29.87 29.87	100m: 1:01.90 32.03	150m: 1:34.54 32.64	200m: 2:06.09 31.55		
6. Rui Correia Tinoco	18	Ginásio Figueirense	2:07.82	511	
50m: 29.95 29.95	100m: 1:02.43 32.48	150m: 1:35.55 33.12	200m: 2:07.82 32.27		
7. Guilherme Joao Patriarca	18	Académica de Coimbra	2:09.25	494	
50m: 30.25 30.25	100m: 1:02.16 31.91	150m: 1:33.85 32.49	200m: 2:09.25 1:07.09		
8. Andre Marques Dinis	17	Columbófila Cantanhedense	2:11.59	468	
50m: 29.77 29.77	100m: 1:03.42 33.65	150m: 1:33.85 32.49	200m: 2:11.59 1:08.17		
9. Nuno Correia Tinoco	17	Ginásio Figueirense	2:11.60	468	
50m: 29.35 29.35	100m: 1:01.92 32.57	150m: 1:33.85 32.49	200m: 2:11.60 1:09.68		
10. Romulo Emanuel Fernandes	17	Académica de Coimbra	2:19.58	392	
50m: 30.35 30.35	100m: 1:05.81 35.46	150m: 1:43.35 37.54	200m: 2:19.58 36.23		

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 1, Masc., 200m Livres, 17 - 18 anos

Lugar	Idade	Tempo final	Pts
11. Marcelo Abreu Rodrigues 50m: 31.11 31.11 100m: 1:05.81 34.70 200m: 2:21.54 1:15.73	18 Académica de Coimbra	2:21.54	376
DSQ Andre Rocha Valente <i>Falsa partida</i>	18 Académica de Coimbra		

Prova 1 Masc., 200m Livres 19 anos e mais velhos
24.10.09 - 16:00 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Pedro Fragoso Lopes 50m: 27.99 27.99 100m: 58.20 30.21 150m: 1:29.74 31.54 200m: 2:01.06 31.32	20 Columbófila Cantanhedense	2:01.06	601
2. Luis Miguel Santos 50m: 28.33 28.33 100m: 59.68 31.35 200m: 2:02.54 1:02.86	20 Náutico/Matobra	2:02.54	579
3. Pedro Miguel Conde 50m: 28.69 28.69 100m: 59.91 31.22 150m: 1:31.45 31.54 200m: 2:02.63 31.18	20 Náutico/Matobra	2:02.63	578
4. Joao Aires Gomes 50m: 28.27 28.27 100m: 58.84 30.57 200m: 2:04.00 1:05.16	25 Náutico/Matobra	2:04.00	559
5. Daniel Alexandre Rodrigues 50m: 29.38 29.38 100m: 1:00.88 31.50 150m: 1:32.54 31.66 200m: 2:04.99 32.45	19 Náutico/Matobra	2:04.99	546
6. Pedro Filipe Santos 50m: 29.82 29.82 100m: 1:01.62 31.80 150m: 1:34.63 33.01 200m: 2:06.89 32.26	21 Académica de Coimbra	2:06.89	522
7. Hugo Rafael Ramalho 50m: 29.61 29.61 100m: 1:01.73 32.12 150m: 1:34.48 32.75 200m: 2:07.43 32.95	20 Académica de Coimbra	2:07.43	515
8. Hugo Miguel Nunes 50m: 30.75 30.75 100m: 1:04.09 33.34 150m: 1:36.84 32.75 200m: 2:07.65 30.81	20 Náutico/Matobra	2:07.65	513
9. Bruno Miguel Amaral 50m: 30.29 30.29 100m: 1:03.56 33.27 150m: 1:37.39 33.83 200m: 2:10.93 33.54	21 Náutico/Matobra	2:10.93	475

Prova 2 Femin., 400m Livres 12 anos
24.10.09 - 16:35 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Mariana Cunha Guerra 50m: 34.44 34.44 150m: 1:52.47 39.69 250m: 3:13.18 40.31 350m: 4:33.12 39.23 100m: 1:12.78 38.34 200m: 2:32.87 40.40 300m: 3:53.89 40.71 400m: 5:11.05 37.93	12 Columbófila Cantanhedense	5:11.05	449
2. Ana Raquel Ferreira 50m: 36.22 36.22 150m: 1:58.79 41.40 250m: 3:23.80 42.46 350m: 4:47.47 41.35 100m: 1:17.39 41.17 200m: 2:41.34 42.55 300m: 4:06.12 42.32 400m: 5:27.31 39.84	12 Ginásio Figueirense	5:27.31	386
3. Mariana Pereirinha Santos 50m: 36.38 36.38 150m: 2:00.26 42.24 250m: 3:25.72 42.72 350m: 4:51.38 42.85 100m: 1:18.02 41.64 200m: 2:43.00 42.74 300m: 4:08.53 42.81 400m: 5:32.57 41.19	12 Columbófila Cantanhedense	5:32.57	368
4. Mariana Portugal Costa 50m: 38.71 38.71 150m: 2:06.42 44.38 250m: 3:33.65 43.20 350m: 4:59.39 42.54 100m: 1:22.04 43.33 200m: 2:50.45 44.03 300m: 4:16.85 43.20 400m: 5:38.97 39.58	12 Náutico/Matobra	5:38.97	347
5. Margarida Peixoto Pelaio 50m: 36.47 36.47 150m: 2:01.36 44.54 250m: 3:30.81 45.33 350m: 5:00.80 44.94 100m: 1:16.82 40.35 200m: 2:45.48 44.12 300m: 4:15.86 45.05 400m: 5:42.61 41.81	12 Ginásio Figueirense	5:42.61	336
6. Maria Carolina Correia 50m: 35.58 35.58 100m: 1:19.01 43.43 200m: 2:48.82 1:29.81 400m: 5:44.78 2:55.96	12 Lousanense	5:44.78	330

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 2, Femin., 400m Livres, 12 anos

Lugar			Idade					Tempo final	Pts
7.	Rita Verissimo Damasceno		12	Náutico/Matobra				5:44.99	329
	50m:	40.41 40.41	150m:	2:08.78	44.26	250m:	3:37.23 43.99	350m:	5:04.47 43.54
	100m:	1:24.52 44.11	200m:	2:53.24	44.46	300m:	4:20.93 43.70	400m:	5:44.99 40.52
8.	Mariana Bordon Peralta		12	Académica de Coimbra				5:54.48	304
	50m:	40.57 40.57	150m:	2:09.24	44.52	250m:	3:39.79 45.22	350m:	5:11.39 45.90
	100m:	1:24.72 44.15	200m:	2:54.57	45.33	300m:	4:25.49 45.70	400m:	5:54.48 43.09
9.	Carolina Rua Santos		12	Columbófila Cantanhedense				5:54.57	303
	50m:	39.60 39.60	100m:	1:23.32	43.72	200m:	2:53.34 1:30.02	400m:	5:54.57 3:01.23
10.	Vanessa Branco Machado		12	Columbófila Cantanhedense				5:56.07	300
	50m:	37.54 37.54	150m:	2:06.87	45.45	250m:	3:40.27 46.70	350m:	5:13.59 46.64
	100m:	1:21.42 43.88	200m:	2:53.57	46.70	300m:	4:26.95 46.68	400m:	5:56.07 42.48
11.	Ana Carolina Pessoa		12	Ginásio Figueirense				6:01.51	286
	50m:	39.88 39.88	150m:	2:12.65	47.25	250m:	3:46.13 46.83	350m:	5:18.06 46.47
	100m:	1:25.40 45.52	200m:	2:59.30	46.65	300m:	4:31.59 45.46	400m:	6:01.51 43.45
12.	Mariana Domingues Paz		12	Miranda do Corvo				6:10.22	267
	50m:	41.33 41.33	150m:	2:15.41	47.30	250m:	3:51.14 47.95	350m:	5:25.01 46.49
	100m:	1:28.11 46.78	200m:	3:03.19	47.78	300m:	4:38.52 47.38	400m:	6:10.22 45.21
13.	Sofia Ramos Ribeiro		12	Fundação Beatriz Santos				6:22.03	243
	50m:	43.74 43.74	150m:	2:20.15	48.96	250m:	3:58.39 49.31	350m:	5:36.71 48.93
	100m:	1:31.19 47.45	200m:	3:09.08	48.93	300m:	4:47.78 49.39	400m:	6:22.03 45.32
14.	Rita Sofia Santos		12	Lousanense				6:30.18	228
	50m:	43.69 43.69	150m:	2:23.40	50.09	250m:	4:03.89 50.33	350m:	5:44.45 50.01
	100m:	1:33.31 49.62	200m:	3:13.56	50.16	300m:	4:54.44 50.55	400m:	6:30.18 45.73
15.	Margarida Santos Louro		12	Columbófila Cantanhedense				6:45.99	202
	50m:	44.02 44.02	150m:	2:25.20	51.11	250m:	4:09.23 51.40	350m:	5:57.46 56.23
	100m:	1:34.09 50.07	200m:	3:17.83	52.63	300m:	5:01.23 52.00	400m:	6:45.99 48.53
16.	Iolanda Santos Samagaio		12	Columbófila Cantanhedense				6:57.82	185
	50m:	44.43 44.43	100m:	1:37.93	53.50	200m:	3:26.48 1:48.55	400m:	6:57.82 3:31.34
17.	Joana Filipa Roque		12	Ginásio Figueirense				7:04.57	177
	50m:	45.59 45.59	150m:	2:33.89	55.12	250m:	4:23.76 55.64	350m:	6:12.95 54.90
	100m:	1:38.77 53.18	200m:	3:28.12	54.23	300m:	5:18.05 54.29	400m:	7:04.57 51.62

Prova 2
24.10.09 - 16:35

Femin., 400m Livres

13 anos
Resultados

Pontos: FINA 2009

Lugar			Idade					Tempo final	Pts
1.	Beatriz Filipa Matos		13	Fundação Beatriz Santos				5:08.30	462
	50m:	33.98 33.98	150m:	1:51.24	39.13	250m:	3:10.90 39.98	350m:	4:31.10 39.80
	100m:	1:12.11 38.13	200m:	2:30.92	39.68	300m:	3:51.30 40.40	400m:	5:08.30 37.20
2.	Ines Silva Mendes		13	Náutico/Matobra				5:14.90	433
	50m:	33.97 33.97	100m:	1:12.54	38.57	200m:	2:32.93 1:20.39	400m:	5:14.90 2:41.97
3.	Beatriz Neves Craveiro		13	Náutico/Matobra				5:18.98	417
	50m:	35.23 35.23	150m:	1:54.12	40.53	250m:	3:16.82 40.99	350m:	4:38.21 40.23
	100m:	1:13.59 38.36	200m:	2:35.83	41.71	300m:	3:57.98 41.16	400m:	5:18.98 40.77
4.	Rute Daniela Simoes		13	Lousanense				5:26.28	389
	50m:	36.68 36.68	150m:	1:58.26	41.20	250m:	3:21.62 41.57	350m:	4:45.31 41.90
	100m:	1:17.06 40.38	200m:	2:40.05	41.79	300m:	4:03.41 41.79	400m:	5:26.28 40.97
5.	Madalena Maria Ferreira		13	Académica de Coimbra				5:27.23	386
	50m:	36.78 36.78	150m:	1:59.79	42.15	250m:	3:24.29 42.00	350m:	4:48.40 41.08
	100m:	1:17.64 40.86	200m:	2:42.29	42.50	300m:	4:07.32 43.03	400m:	5:27.23 38.83
6.	Ana Catarina Liberal		13	Náutico/Matobra				5:30.07	376
	50m:	37.81 37.81	150m:	2:00.09	41.39	250m:	3:24.23 41.82	350m:	4:48.77 42.17
	100m:	1:18.70 40.89	200m:	2:42.41	42.32	300m:	4:06.60 42.37	400m:	5:30.07 41.30

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 2, Femin., 400m Livres, 13 anos

Lugar	Idade						Tempo final	Pts			
7. Isa Raquel Ramalho	13		Académica de Coimbra				6:23.54	240			
50m:	42.82	42.82	100m:	1:30.27	47.45	200m:	3:08.32	1:38.05	400m:	6:23.54	3:15.22
8. Ana Carolina Prata	13		Infante de Montemor				7:30.92	148			
50m:	48.05	48.05	150m:	2:41.97	58.46	250m:	4:38.73	58.62	350m:	6:35.03	58.04
100m:	1:43.51	55.46	200m:	3:40.11	58.14	300m:	5:36.99	58.26	400m:	7:30.92	55.89

Prova 2

Femin., 400m Livres

14 anos

24.10.09 - 16:35

Resultados

Pontos: FINA 2009

Lugar	Idade						Tempo final	Pts			
1. Florbela Cavaco Machado	14		Columbófila Cantanhedense				4:42.25	602			
50m:	32.68	32.68	150m:	1:44.06	35.74	250m:	2:55.62	35.96	350m:	4:08.20	36.27
100m:	1:08.32	35.64	200m:	2:19.66	35.60	300m:	3:31.93	36.31	400m:	4:42.25	34.05
2. Maria Amelia Gaspar	14		Náutico/Matobra				4:58.88	507			
50m:	34.80	34.80	150m:	1:49.79	37.28	250m:	3:06.20	38.24	350m:	4:22.12	37.68
100m:	1:12.51	37.71	200m:	2:27.96	38.17	300m:	3:44.44	38.24	400m:	4:58.88	36.76
3. Ana Luisa Carvalho	14		Náutico/Matobra				5:07.31	466			
50m:	34.06	34.06	150m:	1:51.14	39.30	250m:	3:10.06	39.66	350m:	4:30.06	40.28
100m:	1:11.84	37.78	200m:	2:30.40	39.26	300m:	3:49.78	39.72	400m:	5:07.31	37.25
4. Maria Beatriz Rascao	14		Náutico/Matobra				5:08.53	461			
50m:	33.60	33.60	150m:	1:51.24	39.70	250m:	3:11.12	39.94	350m:	4:30.28	39.55
100m:	1:11.54	37.94	200m:	2:31.18	39.94	300m:	3:50.73	39.61	400m:	5:08.53	38.25
5. Ana Carolina Leal	14		Náutico/Matobra				5:09.67	455			
50m:	34.14	34.14	150m:	1:50.98	38.58	250m:	3:10.89	39.78	350m:	4:30.84	39.94
100m:	1:12.40	38.26	200m:	2:31.11	40.13	300m:	3:50.90	40.01	400m:	5:09.67	38.83
6. Maria Joao Paixao	14		Ginásio Figueirense				5:11.47	448			
50m:	35.00	35.00	100m:	1:13.56	38.56	200m:	2:33.50	1:19.94	400m:	5:11.47	2:37.97
7. Maria Ines Almeida	14		Náutico/Matobra				5:21.42	407			
50m:	35.73	35.73	150m:	1:56.02	40.91	250m:	3:18.57	41.35	350m:	4:42.20	41.90
100m:	1:15.11	39.38	200m:	2:37.22	41.20	300m:	4:00.30	41.73	400m:	5:21.42	39.22
8. Carlota Moura Carvalhos	14		Náutico/Matobra				5:22.47	403			
50m:	34.11	34.11	150m:	1:54.23	40.36	250m:	3:17.13	41.46	350m:	4:40.50	41.36
100m:	1:13.87	39.76	200m:	2:35.67	41.44	300m:	3:59.14	42.01	400m:	5:22.47	41.97
9. Joana Faim Almeida	14		Ginásio Figueirense				5:29.54	378			
50m:	35.94	35.94	100m:	1:16.93	40.99	200m:	2:40.27	1:23.34	400m:	5:29.54	2:49.27
10. Diana Filipa Goncalves	14		Náutico/Matobra				5:34.90	360			
50m:	36.79	36.79	100m:	1:18.47	41.68	200m:	2:44.36	1:25.89	400m:	5:34.90	2:50.54
11. Erica Filipa Costa	14		Académica de Coimbra				5:43.73	333			
50m:	39.48	39.48	150m:	2:05.33	43.34	250m:	3:32.60	43.59	350m:	5:00.60	44.26
100m:	1:21.99	42.51	200m:	2:49.01	43.68	300m:	4:16.34	43.74	400m:	5:43.73	43.13
12. Sofia Caramelo Folgado	14		Náutico/Matobra				5:46.47	325			
50m:	36.71	36.71	150m:	2:04.95	44.83	250m:	3:34.18	44.68	350m:	5:03.48	44.64
100m:	1:20.12	43.41	200m:	2:49.50	44.55	300m:	4:18.84	44.66	400m:	5:46.47	42.99
13. Francisca Silva Marques	14		Académica de Coimbra				5:49.41	317			
50m:	40.29	40.29	150m:	2:07.33	44.24	250m:	3:36.04	44.76	350m:	5:05.77	45.26
100m:	1:23.09	42.80	200m:	2:51.28	43.95	300m:	4:20.51	44.47	400m:	5:49.41	43.64
14. Monica Isabel Dias	14		Lousanense				6:11.35	264			
50m:	40.39	40.39	150m:	2:15.29	48.48	250m:	3:50.93	47.92	350m:	5:26.00	47.36
100m:	1:26.81	46.42	200m:	3:03.01	47.72	300m:	4:38.64	47.71	400m:	6:11.35	45.35

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 2, Femin., 400m Livres

Prova 2
24.10.09 - 16:35

Femin., 400m Livres

15 - 16 anos
Resultados

Pontos: FINA 2009

Lugar			Idade					Tempo final	Pts
1.	Gabriela Oliveira Andrade		16	Náutico/Matobra				4:36.72	638
	50m:	32.46 32.46	150m:	1:41.87	34.62	250m:	2:51.81 34.93	350m:	4:02.45 35.22
	100m:	1:07.25 34.79	200m:	2:16.88	35.01	300m:	3:27.23 35.42	400m:	4:36.72 34.27
2.	Carolina Cunha Martins		15	Náutico/Matobra				4:38.53	626
	50m:	32.42 32.42	150m:	1:42.51	35.05	250m:	2:52.52 34.96	350m:	4:02.82 35.39
	100m:	1:07.46 35.04	200m:	2:17.56	35.05	300m:	3:27.43 34.91	400m:	4:38.53 35.71
3.	Adriana Correia Lopes		15	Náutico/Matobra				4:43.14	596
	50m:	33.54 33.54	150m:	1:45.31	36.37	250m:	2:56.97 35.57	350m:	4:08.90 36.17
	100m:	1:08.94 35.40	200m:	2:21.40	36.09	300m:	3:32.73 35.76	400m:	4:43.14 34.24
4.	Mariana Rocha Valente		15	Náutico/Matobra				4:48.76	562
	50m:	32.89 32.89	150m:	1:44.85	36.33	250m:	2:58.79 37.19	350m:	4:13.23 37.18
	100m:	1:08.52 35.63	200m:	2:21.60	36.75	300m:	3:36.05 37.26	400m:	4:48.76 35.53
5.	Tatiana Filipa Santos		15	Ginásio Figueirense				4:48.94	561
	50m:	32.54 32.54	150m:	1:44.63	36.36	250m:	2:58.43 37.08	350m:	4:13.02 37.24
	100m:	1:08.27 35.73	200m:	2:21.35	36.72	300m:	3:35.78 37.35	400m:	4:48.94 35.92
6.	Ana Claudia Cordeiro		15	Náutico/Matobra				4:54.99	527
	50m:	35.04 35.04	150m:	1:49.34	37.20	250m:	3:04.21 37.41	350m:	4:18.99 37.41
	100m:	1:12.14 37.10	200m:	2:26.80	37.46	300m:	3:41.58 37.37	400m:	4:54.99 36.00
7.	Beatriz Rocha Nunes		16	Ginásio Figueirense				4:56.82	517
	50m:	34.12 34.12	100m:	1:10.70	36.58	200m:	2:24.69 1:13.99	400m:	4:56.82 2:32.13
8.	Mariana Pedroso Carvalho		15	Náutico/Matobra				4:58.78	507
	50m:	33.97 33.97	100m:	1:10.81	36.84	200m:	2:26.92 1:16.11	400m:	4:58.78 2:31.86
9.	Catarina Alexandra Ferreira		15	Náutico/Matobra				5:00.02	501
	50m:	33.96 33.96	150m:	1:48.17	37.34	250m:	3:03.42 37.72	350m:	4:22.14 39.85
	100m:	1:10.83 36.87	200m:	2:25.70	37.53	300m:	3:42.29 38.87	400m:	5:00.02 37.88
10.	Joana Ines Oliveira		15	Académica de Coimbra				5:04.23	480
	50m:	33.52 33.52	100m:	1:10.88	37.36	200m:	2:28.42 1:17.54	400m:	5:04.23 2:35.81
11.	Sofia Roque Dias		16	Académica de Coimbra				5:06.15	471
	50m:	33.85 33.85	150m:	1:49.41	38.20	250m:	3:07.92 39.45	350m:	4:27.29 39.83
	100m:	1:11.21 37.36	200m:	2:28.47	39.06	300m:	3:47.46 39.54	400m:	5:06.15 38.86
12.	Raquel Raimundo Ferreira		15	Náutico/Matobra				5:07.53	465
	50m:	35.12 35.12	150m:	1:52.20	39.12	250m:	3:11.20 39.55	350m:	4:30.18 39.36
	100m:	1:13.08 37.96	200m:	2:31.65	39.45	300m:	3:50.82 39.62	400m:	5:07.53 37.35
13.	Bruna Miguel Pereira		16	Académica de Coimbra				5:07.59	465
	50m:	33.84 33.84	150m:	1:51.10	39.38	250m:	3:09.62 39.05	350m:	4:28.52 38.80
	100m:	1:11.72 37.88	200m:	2:30.57	39.47	300m:	3:49.72 40.10	400m:	5:07.59 39.07
14.	Tatiana Cruz Costa		16	Miranda do Corvo				5:09.15	458
	50m:	35.96 35.96	100m:	1:14.47	38.51	200m:	2:32.44 1:17.97	400m:	5:09.15 2:36.71
15.	Mariana Costa Sebastiao		15	Ginásio Figueirense				5:09.34	457
	50m:	34.30 34.30	150m:	1:50.20	38.65	250m:	3:09.12 39.86	350m:	4:30.03 40.22
	100m:	1:11.55 37.25	200m:	2:29.26	39.06	300m:	3:49.81 40.69	400m:	5:09.34 39.31
16.	Claudia Filipa Silva		15	Miranda do Corvo				5:20.51	411
	50m:	36.10 36.10	150m:	1:55.51	40.25	250m:	3:17.23 40.91	350m:	4:39.70 41.49
	100m:	1:15.26 39.16	200m:	2:36.32	40.81	300m:	3:58.21 40.98	400m:	5:20.51 40.81
17.	Joana Reis Veiga		15	Académica de Coimbra				5:27.97	383
	50m:	34.93 34.93	100m:	1:14.02	39.09	200m:	2:36.08 1:22.06	400m:	5:27.97 2:51.89
18.	Joana Carolina Alves		15	Ginásio Figueirense				5:28.22	383
	50m:	36.87 36.87	100m:	1:17.55	40.68	200m:	2:41.54 1:23.99	400m:	5:28.22 2:46.68

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 2, Femin., 400m Livres, 15 - 16 anos

Lugar	Idade	Tempo final	Pts
19. Adriana Raquel Silva	15 Infante de Montemor	7:23.94	155
50m: 42.85 42.85	150m: 2:27.34 53.86	250m: 4:26.46 1:01.12	350m: 6:27.76 1:00.50
100m: 1:33.48 50.63	200m: 3:25.34 58.00	300m: 5:27.26 1:00.80	400m: 7:23.94 56.18

Prova 2
24.10.09 - 16:35

Femin., 400m Livres

17 anos e mais velhos

Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Maria Miguel Veloso	17 Náutico/Matobra	4:33.31	663
50m: 31.96 31.96	150m: 1:40.63 34.42	250m: 2:50.00 34.75	350m: 3:59.19 34.59
100m: 1:06.21 34.25	200m: 2:15.25 34.62	300m: 3:24.60 34.60	400m: 4:33.31 34.12
2. Tania Martins Garcia	18 Ginásio Figueirense	4:42.39	601
50m: 32.81 32.81	100m: 1:07.94 35.13	200m: 2:18.93 1:10.99	400m: 4:42.39 2:23.46
3. Raquel Coutinho Gaio	20 Náutico/Matobra	4:43.53	593
50m: 32.90 32.90	150m: 1:44.81 36.29	250m: 2:57.03 35.97	350m: 4:09.28 36.00
100m: 1:08.52 35.62	200m: 2:21.06 36.25	300m: 3:33.28 36.25	400m: 4:43.53 34.25
4. Solange Patricia Azevedo	21 Náutico/Matobra	4:46.36	576
50m: 32.70 32.70	150m: 1:45.54 36.69	250m: 2:58.50 36.33	350m: 4:10.37 36.25
100m: 1:08.85 36.15	200m: 2:22.17 36.63	300m: 3:34.12 35.62	400m: 4:46.36 35.99
5. Raquel Bartolo Vitor	17 Académica de Coimbra	4:49.38	558
50m: 33.67 33.67	150m: 1:46.38 36.67	250m: 3:00.06 36.89	350m: 4:13.54 36.86
100m: 1:09.71 36.04	200m: 2:23.17 36.79	300m: 3:36.68 36.62	400m: 4:49.38 35.84
6. Maria Ines Ribeiro	18 Náutico/Matobra	4:51.10	548
50m: 32.59 32.59	100m: 1:08.86 36.27	200m: 2:22.30 1:13.44	400m: 4:51.10 2:28.80
7. Ines Barbosa Moreira	18 Náutico/Matobra	4:53.20	537
50m: 33.23 33.23	150m: 1:47.45 37.48	250m: 3:01.96 37.24	350m: 4:17.29 37.59
100m: 1:09.97 36.74	200m: 2:24.72 37.27	300m: 3:39.70 37.74	400m: 4:53.20 35.91
8. Ana Filipa Leite	24 Académica de Coimbra	5:01.25	495
50m: 34.38 34.38	150m: 1:48.85 37.72	250m: 3:05.23 38.58	350m: 4:23.14 39.04
100m: 1:11.13 36.75	200m: 2:26.65 37.80	300m: 3:44.10 38.87	400m: 5:01.25 38.11
9. Nadia Filipa Marques	18 Académica de Coimbra	5:04.94	477
50m: 34.19 34.19	150m: 1:48.85 37.98	250m: 3:07.31 39.42	350m: 4:26.28 39.47
100m: 1:10.87 36.68	200m: 2:27.89 39.04	300m: 3:46.81 39.50	400m: 5:04.94 38.66
10. Cristiana Margarida Lopes	18 Columbófila Cantanhedense	5:43.62	333
50m: 34.33 34.33	150m: 1:58.90 43.71	250m: 3:29.18 45.54	350m: 5:00.46 45.41
100m: 1:15.19 40.86	200m: 2:43.64 44.74	300m: 4:15.05 45.87	400m: 5:43.62 43.16

Prova 3
24.10.09 - 17:30

Masc., 200m Bruços

13 anos

Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Gabriel Jose Lopes	13 Lousanense	2:56.84	346
50m: 38.06 38.06	100m: 1:24.08 46.02	150m: 2:10.38 46.30	200m: 2:56.84 46.46
2. Diogo Mendes Goncalves	13 Columbófila Cantanhedense	3:07.80	289
50m: 43.79 43.79	100m: 1:32.02 48.23	150m: 2:20.65 48.63	200m: 3:07.80 47.15
3. Octavio Afonso Ferreira	13 Náutico/Matobra	3:18.66	244
50m: 46.07 46.07	100m: 1:38.20 52.13	150m: 2:29.74 51.54	200m: 3:18.66 48.92
4. Diogo Silva Costa	13 Columbófila Cantanhedense	3:25.09	222
50m: 46.09 46.09	100m: 1:38.58 52.49	200m: 3:25.09 1:46.51	
5. Luis Pedro Silva	13 Náutico/Matobra	3:31.70	202
50m: 48.53 48.53	100m: 1:42.98 54.45	200m: 3:31.70 1:48.72	

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 3, Masc., 200m Bruços, 13 anos

Lugar	Idade	Tempo final	Pts
6. Diogo Marques Almeida 50m: 49.68 49.68 100m: 1:43.67 53.99 150m: 2:39.39 55.72 200m: 3:33.94 54.55	13 Náutico/Matobra	3:33.94	196
7. Andre David Mata 50m: 47.28 47.28 100m: 1:43.98 56.70 150m: 2:41.91 57.93 200m: 3:36.61 54.70	13 Fundação Beatriz Santos	3:36.61	188
8. Daniel Alexandre Ramalhao 50m: 54.00 54.00 100m: 1:56.17 1:02.17 150m: 2:58.01 1:01.84 200m: 3:55.86 57.85	13 Infante de Montemor	3:55.86	146
DSQ Jose Miguel Santos <i>Partida antecipada</i>	13 Náutico/Matobra		
DSQ Francisco Jose Lopes <i>na viragem dos 25 mts o atleta tocou só com 1 mão na parede</i>	13 Náutico/Matobra		
DSQ Hugo Vale Pereira <i>Falsa partida</i>	13 Náutico/Matobra		

Prova 3
24.10.09 - 17:30

Masc., 200m Bruços

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Tomas Miguel Veloso 50m: 38.53 38.53 100m: 1:21.92 43.39 150m: 2:05.81 43.89 200m: 2:49.74 43.93	14 Náutico/Matobra	2:49.74	392
2. Joao Nuno Grilo 50m: 41.10 41.10 100m: 1:29.26 48.16 150m: 2:19.87 50.61 200m: 3:09.54 49.67	14 Columbófila Cantanhedense	3:09.54	281
3. Nuno Andre Marreco 50m: 42.25 42.25 100m: 1:31.15 48.90 150m: 2:21.83 50.68 200m: 3:11.29 49.46	14 Lousanense	3:11.29	274
4. Andre Loureiro Ramos 50m: 43.81 43.81 100m: 1:34.16 50.35 150m: 2:24.78 50.62 200m: 3:13.71 48.93	14 Ginásio Figueirense	3:13.71	264
5. Joao Goncalves Figueiredo 50m: 43.27 43.27 100m: 1:32.12 48.85 150m: 2:24.09 51.97 200m: 3:14.55 50.46	14 Ginásio Figueirense	3:14.55	260
6. Ricardo Luis Agostinho 50m: 43.21 43.21 100m: 1:33.20 49.99 150m: 2:25.31 52.11 200m: 3:16.95 51.64	14 Fundação Beatriz Santos	3:16.95	251
7. Joao Pedro Cardoso 50m: 44.24 44.24 100m: 1:34.55 50.31 150m: 2:26.73 52.18 200m: 3:18.00 51.27	14 Náutico/Matobra	3:18.00	247
8. Carlos Eduardo Santos 50m: 43.95 43.95 100m: 1:35.03 51.08 150m: 2:27.42 52.39 200m: 3:18.18 50.76	14 Columbófila Cantanhedense	3:18.18	246
9. Joao Marques Pereira 50m: 45.55 45.55 100m: 1:36.03 50.48 200m: 3:19.70 1:43.67	14 Infante de Montemor	3:19.70	241
10. Antonio Miguel Correia 50m: 44.74 44.74 100m: 1:35.82 51.08 150m: 2:28.38 52.56 200m: 3:20.81 52.43	14 Lousanense	3:20.81	237
11. Pedro Coelho Silva 50m: 46.64 46.64 100m: 1:39.08 52.44 150m: 2:32.61 53.53 200m: 3:24.08 51.47	14 Náutico/Matobra	3:24.08	225

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 3, Masc., 200m Bruços

Prova 3
24.10.09 - 17:30

Masc., 200m Bruços

15 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Francisco Xavier Rodrigues 50m: 38.91 38.91 100m: 1:23.54 44.63 150m: 2:09.14 45.60 200m: 2:53.04 43.90	15 Académica de Coimbra	2:53.04	370
2. Rafael Joao Correia 50m: 38.85 38.85 100m: 1:23.29 44.44 150m: 2:08.97 45.68 200m: 2:53.39 44.42	15 Lousanense	2:53.39	367
3. Guilherme Pedro Coelho 50m: 39.28 39.28 100m: 1:24.58 45.30 150m: 2:10.83 46.25 200m: 2:55.89 45.06	15 Náutico/Matobra	2:55.89	352
4. Tiago Miguel Alves 50m: 42.46 42.46 100m: 1:29.51 47.05 150m: 2:15.86 46.35 200m: 3:02.14 46.28	15 Columbófila Cantanhedense	3:02.14	317
5. Diogo Andre Jorge 50m: 42.21 42.21 100m: 1:30.39 48.18 150m: 2:16.98 46.59 200m: 3:05.30 48.32	15 Náutico/Matobra	3:05.30	301
6. Francisco Pais Baptista 50m: 43.73 43.73 100m: 1:32.75 49.02 150m: 2:23.17 50.42 200m: 3:11.99 48.82	15 Náutico/Matobra	3:11.99	271
7. Ruben Miguel Martins 50m: 44.05 44.05 100m: 1:33.08 49.03 150m: 2:23.29 50.21 200m: 3:12.40 49.11	15 Ginásio Figueirense	3:12.40	269
8. Manuel Luis Sousa 50m: 44.81 44.81 100m: 1:36.20 51.39 150m: 2:28.06 51.86 200m: 3:19.28 51.22	15 Náutico/Matobra	3:19.28	242

Prova 3
24.10.09 - 17:30

Masc., 200m Bruços

16 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Pedro Barros Mendes 50m: 36.28 36.28 100m: 1:16.43 40.15 150m: 1:58.06 41.63 200m: 2:39.54 41.48	16 Académica de Coimbra	2:39.54	472
2. Ruben Paiva Carvalho 50m: 37.35 37.35 100m: 1:18.81 41.46 150m: 2:01.62 42.81 200m: 2:42.94 41.32	16 Académica de Coimbra	2:42.94	443
3. Hugo Neves Neto 50m: 38.92 38.92 100m: 1:20.72 41.80 150m: 2:02.94 42.22 200m: 2:45.73 42.79	16 Columbófila Cantanhedense	2:45.73	421
4. Joao Barbosa Moreira 50m: 38.81 38.81 100m: 1:22.59 43.78 150m: 2:08.22 45.63 200m: 2:53.18 44.96	16 Náutico/Matobra	2:53.18	369
5. Tiago Andre Silva 50m: 40.57 40.57 100m: 1:26.35 45.78 150m: 2:13.00 46.65 200m: 2:59.24 46.24	16 Columbófila Cantanhedense	2:59.24	333
6. Pedro Daniel Pinto 50m: 41.27 41.27 100m: 1:27.44 46.17 150m: 2:17.22 49.78 200m: 3:06.47 49.25	16 Miranda do Corvo	3:06.47	295
DNS Fabio Filipe Lopes	16 Lousanense		

Prova 3
24.10.09 - 17:30

Masc., 200m Bruços

17 - 18 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Gustavo Alexandre Meneses 50m: 34.60 34.60 100m: 1:13.63 39.03 150m: 1:53.41 39.78 200m: 2:33.19 39.78	18 Columbófila Cantanhedense	2:33.19	533
2. Tiago Rafael Lopes 50m: 35.84 35.84 100m: 1:17.07 41.23 150m: 2:00.02 42.95 200m: 2:42.97 42.95	18 Académica de Coimbra	2:42.97	443
3. Marcelo Abreu Rodrigues 50m: 40.40 40.40 100m: 1:24.91 44.51 150m: 2:07.81 42.90 200m: 2:52.79 44.98	18 Académica de Coimbra	2:52.79	371

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 3, Masc., 200m Bruços, 17 - 18 anos

Lugar	Idade	Tempo final	Pts
4. Andre Marques Dinis 50m: 41.52 41.52 100m: 1:28.07 46.55 150m: 2:15.58 47.51 200m: 3:02.03 46.45	17 Columbófila Cantanhedense	3:02.03	318
DSQ Renan Camara Pereira <i>Partida antecipada</i>	17 Columbófila Cantanhedense		

Prova 3 Masc., 200m Bruços 19 anos e mais velhos
24.10.09 - 17:30 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Miguel Silva Oliveira 50m: 34.02 34.02 100m: 1:11.58 37.56 150m: 1:49.51 37.93 200m: 2:27.27 37.76	19 Náutico/Matobra	2:27.27	600
2. Joao Albano Viola 50m: 32.46 32.46 100m: 1:13.14 40.68 150m: 1:55.94 42.80 200m: 2:36.30 40.36	21 Náutico/Matobra	2:36.30	502
3. Goncalo Nuno Costa 50m: 35.98 35.98 100m: 1:15.38 39.40 150m: 1:54.97 39.59 200m: 2:36.58 41.61	20 Académica de Coimbra	2:36.58	499
4. Joao Bernardo Abrantes 50m: 35.29 35.29 100m: 1:15.78 40.49 150m: 1:57.49 41.71 200m: 2:38.92 41.43	20 Náutico/Matobra	2:38.92	477
5. Rui Miguel Fonseca 50m: 35.46 35.46 100m: 1:15.37 39.91 150m: 1:56.71 41.34 200m: 2:39.71 43.00	22 Náutico/Matobra	2:39.71	470
6. Alexandre Augusto Medina 50m: 34.42 34.42 100m: 1:14.87 40.45 150m: 1:57.62 42.75 200m: 2:41.46 43.84	20 Ginásio Figueirense	2:41.46	455
7. Jorge Miguel Mendes 50m: 37.10 37.10 100m: 1:17.89 40.79 150m: 2:00.30 42.41 200m: 2:42.68 42.38	20 Náutico/Matobra	2:42.68	445
8. Pedro Octavio Fernandes 50m: 36.97 36.97 100m: 1:18.64 41.67 150m: 2:01.58 42.94 200m: 2:45.93 44.35	19 Académica de Coimbra	2:45.93	419
9. Cristiano Almeida Santos 50m: 38.19 38.19 100m: 1:21.31 43.12 150m: 2:05.40 44.09 200m: 2:48.48 43.08	20 Náutico/Matobra	2:48.48	401

Prova 4 Femin., 200m Costas 12 anos
24.10.09 - 18:00 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Mariana Cunha Guerra 50m: 38.53 38.53 100m: 1:20.43 41.90 150m: 2:02.77 42.34 200m: 2:43.44 40.67	12 Columbófila Cantanhedense	2:43.44	425
2. Ana Raquel Ferreira 50m: 41.70 41.70 100m: 1:26.45 44.75 150m: 2:12.22 45.77 200m: 2:55.05 42.83	12 Ginásio Figueirense	2:55.05	346
3. Mariana Pereirinha Santos 50m: 43.74 43.74 100m: 1:29.44 45.70 150m: 2:16.29 46.85 200m: 3:00.22 43.93	12 Columbófila Cantanhedense	3:00.22	317
4. Margarida Peixoto Pelaio 50m: 43.23 43.23 100m: 1:30.90 47.67 150m: 2:18.65 47.75 200m: 3:04.32 45.67	12 Ginásio Figueirense	3:04.32	296
5. Matilde Oliveira Andrade 50m: 43.57 43.57 100m: 1:30.97 47.40 150m: 2:18.55 47.58 200m: 3:05.43 46.88	12 Náutico/Matobra	3:05.43	291
6. Ana Carolina Pessoa 50m: 45.54 45.54 100m: 1:33.98 48.44 150m: 2:22.78 48.80 200m: 3:09.47 46.69	12 Ginásio Figueirense	3:09.47	273
7. Ana Filipa Conceicao 50m: 45.59 45.59 100m: 1:34.11 48.52 150m: 2:23.64 49.53 200m: 3:10.58 46.94	12 Náutico/Matobra	3:10.58	268
8. Vanessa Branco Machado 50m: 45.03 45.03 100m: 1:34.13 49.10 150m: 2:23.44 49.31 200m: 3:10.64 47.20	12 Columbófila Cantanhedense	3:10.64	268

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 4, Femin., 200m Costas, 12 anos

Lugar	Idade	Tempo final	Pts
9. Carolina Rua Santos 50m: 46.78 46.78 100m: 1:35.73 48.95 150m: 2:24.62 48.89 200m: 3:11.19 46.57	12 Columbófila Cantanhedense	3:11.19	265
10. Maria Carolina Correia 50m: 46.57 46.57 100m: 1:36.60 50.03 150m: 2:25.97 49.37 200m: 3:13.48 47.51	12 Lousanense	3:13.48	256
11. Rita Sofia Santos	12 Lousanense	3:16.46	245
12. Catarina Tavares Mendes 50m: 49.25 49.25 100m: 1:44.77 55.52 150m: 2:41.68 56.91 200m: 3:36.06 54.38	12 Vigor da Mocidade	3:36.06	184
13. Madalena Henriques Rodrigues 50m: 48.76 48.76 100m: 1:44.73 55.97 150m: 2:41.01 56.28 200m: 3:37.13 56.12	12 Náutico/Matobra	3:37.13	181
14. Iolanda Santos Samagaio 50m: 54.20 54.20 100m: 1:51.41 57.21 150m: 2:49.19 57.78 200m: 3:47.41 58.22	12 Columbófila Cantanhedense	3:47.41	158
15. Joana Filipa Roque 50m: 54.27 54.27 100m: 1:53.16 58.89 150m: 2:53.20 1:00.04 200m: 3:51.61 58.41	12 Ginásio Figueirense	3:51.61	149
DSQ Maria Luisa Guerra <i>Nas viragens aos 100 e 150 mts a atleta deu 2 braçadas, após perder a posição de Costas</i>	12 Náutico/Matobra		
DSQ Margarida Santos Louro <i>Nas viragens aos 50, 75 e 150 mts a atleta deu 2 braçadas, após perder a posição de Costas</i>	12 Columbófila Cantanhedense		
DNS Patricia Margarida Carvalheira	12 Náutico/Matobra		

Prova 4
24.10.09 - 18:00

Femin., 200m Costas

13 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Beatriz Filipa Matos 50m: 39.11 39.11 100m: 1:21.03 41.92 150m: 2:03.84 42.81 200m: 2:45.28 41.44	13 Fundação Beatriz Santos	2:45.28	411
2. Daniela Figueiredo Metelo	13 Náutico/Matobra	2:49.29	382
3. Andreia Margarida Morgado 50m: 41.97 41.97 100m: 1:28.00 46.03 150m: 2:15.90 47.90 200m: 3:00.23 44.33	13 Náutico/Matobra	3:00.23	317
4. Ana Carlota Conceicao 50m: 43.48 43.48 100m: 1:29.05 45.57 150m: 2:15.53 46.48 200m: 3:00.52 44.99	13 Náutico/Matobra	3:00.52	315
5. Mafalda Dias Filipe 50m: 43.67 43.67 100m: 1:30.49 46.82 150m: 2:17.22 46.73 200m: 3:00.94 43.72	13 Náutico/Matobra	3:00.94	313
6. Rute Daniela Simoes 50m: 44.23 44.23 100m: 1:31.80 47.57 150m: 2:19.80 48.00 200m: 3:05.11 45.31	13 Lousanense	3:05.11	293
7. Maria Ines Martins 50m: 44.53 44.53 100m: 1:34.39 49.86 150m: 2:23.78 49.39 200m: 3:10.55 46.77	13 Náutico/Matobra	3:10.55	268
8. Andreia Dias Vaqueirinho 50m: 44.00 44.00 100m: 1:31.76 47.76 200m: 3:11.43 1:39.67	13 Náutico/Matobra	3:11.43	264
9. Carolina Domingues Borges 50m: 46.22 46.22 100m: 1:35.14 48.92 150m: 2:25.41 50.27 200m: 3:14.07 48.66	13 Vigor da Mocidade	3:14.07	254
DSQ Carolina Costa Duarte <i>Na viragem aos 150 mts, a atleta efectuou 2 braçadas, após perder a posição de costas</i>	13 Académica de Coimbra		
DNS Catarina Santos Silva	13 Náutico/Matobra		

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 4, Femin., 200m Costas

Prova 4
24.10.09 - 18:00

Femin., 200m Costas

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade				Tempo final	Pts
1. Maria Amelia Gaspar	14	Náutico/Matobra			2:37.76	473
50m: 37.58 37.58	100m: 1:18.06 40.48	150m: 1:58.60 40.54	200m: 2:37.76	39.16		
2. Maria Joao Paixao	14	Ginásio Figueirense			2:40.15	452
50m: 38.46 38.46	100m: 1:29.82 51.36	150m: 2:00.16 30.34	200m: 2:40.15	39.99		
3. Florbela Cavaco Machado	14	Columbófila Cantanhedense			2:46.85	399
50m: 39.85 39.85	100m: 1:22.92 43.07	150m: 2:05.71 42.79	200m: 2:46.85	41.14		
4. Ana Carolina Leal	14	Náutico/Matobra			2:47.51	395
50m: 40.00 40.00	100m: 1:22.28 42.28	150m: 2:05.47 43.19	200m: 2:47.51	42.04		
5. Ana Luisa Carvalho	14	Náutico/Matobra			2:51.47	368
50m: 40.28 40.28	100m: 1:23.71 43.43	150m: 2:08.21 44.50	200m: 2:51.47	43.26		
6. Joana Faim Almeida	14	Ginásio Figueirense			2:52.79	360
50m: 40.95 40.95	100m: 1:25.23 44.28	150m: 2:09.71 44.48	200m: 2:52.79	43.08		
7. Diana Filipa Goncalves	14	Náutico/Matobra			3:01.25	312
50m: 43.68 43.68	100m: 1:29.29 45.61	150m: 2:15.31 46.02	200m: 3:01.25	45.94		
8. Sofia Caramelo Folgado	14	Náutico/Matobra			3:06.78	285
50m: 43.80 43.80	100m: 1:31.72 47.92	150m: 2:20.66 48.94	200m: 3:06.78	46.12		
DSQ Monica Isabel Dias	14	Lousanense				
<i>Na viragem aos 50 mts a atleta deu 2 braçadas, após perder a posição de Costas</i>						

Prova 4
24.10.09 - 18:00

Femin., 200m Costas

15 - 16 anos
Resultados

Pontos: FINA 2009

Lugar	Idade				Tempo final	Pts
1. Tatiana Filipa Santos	15	Ginásio Figueirense			2:21.47	655
RR JUN 50m: 34.14 34.14	100m: 1:09.70 35.56	150m: 1:45.86 36.16	200m: 2:21.47	35.61		
2. Mariana Costa Sebastiao	15	Ginásio Figueirense			2:37.82	472
50m: 37.23 37.23	100m: 1:16.95 39.72	150m: 1:57.36 40.41	200m: 2:37.82	40.46		
3. Carolina Cunha Martins	15	Náutico/Matobra			2:40.34	450
50m: 39.08 39.08	100m: 1:20.22 41.14	150m: 2:00.93 40.71	200m: 2:40.34	39.41		
4. Catarina Alexandra Ferreira	15	Náutico/Matobra			2:45.72	408
50m: 39.85 39.85	100m: 1:21.95 42.10	150m: 2:03.96 42.01	200m: 2:45.72	41.76		
5. Ana Claudia Cordeiro	15	Náutico/Matobra			2:46.82	400
50m: 40.12 40.12	100m: 1:21.82 41.70	150m: 2:04.78 42.96	200m: 2:46.82	42.04		
6. Sofia Roque Dias	16	Académica de Coimbra			2:48.35	389
7. Joana Reis Veiga	15	Académica de Coimbra			2:49.49	381
50m: 39.11 39.11	100m: 1:22.76 43.65	150m: 2:06.67 43.91	200m: 2:49.49	42.82		
8. Joana Ines Oliveira	15	Académica de Coimbra			2:51.75	366
50m: 40.38 40.38	100m: 1:23.72 43.34	150m: 2:08.14 44.42	200m: 2:51.75	43.61		
9. Raquel Raimundo Ferreira	15	Náutico/Matobra			2:51.86	366
50m: 40.28 40.28	100m: 1:23.55 43.27	150m: 2:08.86 45.31	200m: 2:51.86	43.00		
10. Tatiana Cruz Costa	16	Miranda do Corvo			2:53.91	353
50m: 42.57 42.57	100m: 1:27.13 44.56	150m: 2:10.71 43.58	200m: 2:53.91	43.20		
11. Bruna Miguel Pereira	16	Académica de Coimbra			2:54.16	351
50m: 40.41 40.41	100m: 1:25.25 44.84	150m: 2:10.03 44.78	200m: 2:54.16	44.13		

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 4, Femin., 200m Costas, 15 - 16 anos

Lugar	Idade	Tempo final	Pts
12. Joana Carolina Alves 50m: 43.01 43.01	15 Ginásio Figueirense 100m: 1:32.65 49.64 150m: 2:13.90 41.25	2:58.32 200m: 2:58.32	327 44.42
13. Mariana Coutinho Souto 50m: 45.72 45.72	15 Académica de Coimbra 100m: 1:33.39 47.67 150m: 2:22.09 48.70	3:09.41 200m: 3:09.41	273 47.32

Prova 4 Femin., 200m Costas 17 anos e mais velhos
24.10.09 - 18:00 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Maria Miguel Veloso 50m: 38.33 38.33	17 Náutico/Matobra 100m: 1:17.84 39.51 150m: 1:57.20 39.36	2:36.21 200m: 2:36.21	487 39.01
2. Tania Martins Garcia 50m: 38.32 38.32	18 Ginásio Figueirense 100m: 1:19.21 40.89 150m: 1:59.16 39.95	2:38.66 200m: 2:38.66	465 39.50
3. Ines Barbosa Moreira 50m: 38.19 38.19	18 Náutico/Matobra 100m: 1:17.97 39.78 150m: 1:59.18 41.21	2:38.78 200m: 2:38.78	464 39.60
4. Nadia Filipa Marques 50m: 37.39 37.39	18 Académica de Coimbra 100m: 1:18.00 40.61 150m: 1:59.29 41.29	2:39.48 200m: 2:39.48	457 40.19
5. Maria Ines Ribeiro 50m: 38.68 38.68	18 Náutico/Matobra 100m: 1:19.55 40.87 150m: 2:00.68 41.13	2:41.11 200m: 2:41.11	444 40.43
6. Raquel Coutinho Gaio 50m: 39.58 39.58	20 Náutico/Matobra 100m: 1:21.00 41.42 150m: 2:02.92 41.92	2:44.60 200m: 2:44.60	416 41.68
7. Cristiana Margarida Lopes 50m: 41.36 41.36	18 Columbófila Cantanhedense 100m: 1:28.09 46.73 150m: 2:16.40 48.31	3:01.81 200m: 3:01.81	309 45.41

Prova 5 Masc., 200m Estilos 13 anos
24.10.09 - 18:30 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Gabriel Jose Lopes 50m: 33.40 33.40	13 Lousanense 100m: 1:15.15 41.75 150m: 2:01.22 46.07	2:39.36 200m: 2:39.36	358 38.14
2. Francisco Xavier Goncalves 50m: 35.26 35.26	13 Fundação Beatriz Santos 100m: 1:21.29 46.03 150m: 2:11.47 50.18	2:46.40 200m: 2:46.40	314 34.93
3. Eduardo Filipe Carvalheiro 50m: 39.11 39.11	13 Columbófila Cantanhedense 100m: 1:25.42 46.31 150m: 2:13.80 48.38	2:51.88 200m: 2:51.88	285 38.08
4. Alexandre Malva Portasio 50m: 41.41 41.41	13 Columbófila Cantanhedense 100m: 1:23.45 42.04 150m: 2:16.38 52.93	2:55.71 200m: 2:55.71	267 39.33
5. Joao Pedro Valerio 50m: 39.24 39.24	13 Miranda do Corvo 100m: 1:26.05 46.81 150m: 2:17.37 51.32	2:58.06 200m: 2:58.06	257 40.69
6. Alexandre Valdagua Coutinho 50m: 38.48 38.48	13 Columbófila Cantanhedense 100m: 1:26.77 48.29 150m: 2:20.49 53.72	2:59.14 200m: 2:59.14	252 38.65
7. Diogo Silva Costa 50m: 43.25 43.25	13 Columbófila Cantanhedense 100m: 1:28.69 45.44 150m: 2:23.07 54.38	3:03.97 200m: 3:03.97	233 40.90
8. Nuno Miguel Caridade 50m: 40.94 40.94	13 Fundação Beatriz Santos 100m: 1:31.24 50.30 150m: 2:25.44 54.20	3:05.24 200m: 3:05.24	228 39.80
9. Diogo Mendes Goncalves 50m: 46.30 46.30	13 Columbófila Cantanhedense 100m: 1:34.11 47.81 150m: 2:23.75 49.64	3:05.78 200m: 3:05.78	226 42.03
10. Luis Henrique Neves 50m: 41.31 41.31	13 Fundação Beatriz Santos 100m: 1:30.96 49.65 150m: 2:29.00 58.04	3:08.71 200m: 3:08.71	216 39.71

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 5, Masc., 200m Estilos, 13 anos

Lugar	Idade	Tempo final	Pts
11. Jose Miguel Ventura 50m: 45.69 45.69 100m: 1:33.90 48.21 150m: 2:28.55 54.65 200m: 3:09.53 40.98	13 Fundação Beatriz Santos	3:09.53	213
12. Francisco Miguel Oliveira 50m: 45.02 45.02 100m: 1:33.33 48.31 150m: 2:29.40 56.07 200m: 3:10.10 40.70	13 Columbófila Cantanhedense	3:10.10	211
13. Jorge Martins Garcia 50m: 46.11 46.11 100m: 1:38.54 52.43 150m: 2:36.65 58.11 200m: 3:20.86 44.21	13 Ginásio Figueirense	3:20.86	179
14. Joao Ricardo Silva 50m: 49.14 49.14 100m: 1:45.02 55.88 150m: 2:46.15 1:01.13 200m: 3:32.79 46.64	13 Ginásio Figueirense	3:32.79	150
DSQ Filipe Daniel Rodrigues	13 Vigor da Mocidade		
<i>Na viragem dos 125 mts, no percurso de bruços o atleta tocou apenas com 1 mão na parede</i>			

Prova 5

Masc., 200m Estilos

14 anos

24.10.09 - 18:30

Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Francisco Jose Fernandes 50m: 32.46 32.46 100m: 1:11.71 39.25 150m: 1:59.78 48.07 200m: 2:33.53 33.75	14 Lousanense	2:33.53	400
2. Diogo Andre Santos 50m: 36.72 36.72 100m: 1:18.27 41.55 150m: 2:05.64 47.37 200m: 2:42.81 37.17	14 Columbófila Cantanhedense	2:42.81	336
3. Daniel Baptista Relvao 50m: 35.27 35.27 100m: 1:19.38 44.11 150m: 2:10.94 51.56 200m: 2:45.34 34.40	14 Académica de Coimbra	2:45.34	320
4. Joao David Santos 50m: 36.54 36.54 100m: 1:20.62 44.08 150m: 2:08.60 47.98 200m: 2:46.03 37.43	14 Miranda do Corvo	2:46.03	316
5. Nuno Andre Marreco 50m: 38.41 38.41 100m: 1:21.34 42.93 150m: 2:10.12 48.78 200m: 2:49.13 39.01	14 Lousanense	2:49.13	299
6. Joao Nuno Grilo 50m: 38.47 38.47 100m: 1:24.01 45.54 150m: 2:12.81 48.80 200m: 2:52.61 39.80	14 Columbófila Cantanhedense	2:52.61	282
7. Antonio Miguel Correia 50m: 37.74 37.74 100m: 1:23.41 45.67 150m: 2:13.48 50.07 200m: 2:53.88 40.40	14 Lousanense	2:53.88	275
8. Ricardo Luis Agostinho 50m: 39.66 39.66 100m: 1:25.55 45.89 150m: 2:16.18 50.63 200m: 2:55.18 39.00	14 Fundação Beatriz Santos	2:55.18	269
9. Carlos Eduardo Santos 50m: 43.13 43.13 100m: 1:29.31 46.18 150m: 2:19.90 50.59 200m: 2:58.29 38.39	14 Columbófila Cantanhedense	2:58.29	256
10. Jorge Henrique Roque 50m: 37.79 37.79 100m: 1:23.07 45.28 150m: 2:17.44 54.37 200m: 2:58.88 41.44	14 Ginásio Figueirense	2:58.88	253
11. David Jose Fernandes 50m: 40.94 40.94 100m: 1:33.06 52.12 150m: 2:31.13 58.07 200m: 3:15.68 44.55	14 Vigor da Mocidade	3:15.68	193
12. Guilherme Filipe Pimenta 50m: 44.47 44.47 100m: 1:36.23 51.76 150m: 2:36.98 1:00.75 200m: 3:22.48 45.50	14 Vigor da Mocidade	3:22.48	174
13. Bruno Filipe Ramos 50m: 48.27 48.27 100m: 1:39.30 51.03 150m: 2:38.29 58.99 200m: 3:24.19 45.90	14 Columbófila Cantanhedense	3:24.19	170

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 5, Masc., 200m Estilos

Prova 5 Masc., 200m Estilos 15 anos
24.10.09 - 18:30 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Joao Andre Neves 50m: 30.42 30.42 100m: 1:09.77 39.35 150m: 1:51.17 41.40 200m: 2:24.89 33.72	15 Académica de Coimbra	2:24.89	476
2. Rui Jorge Dias 50m: 33.95 33.95 100m: 1:15.38 41.43 150m: 1:58.52 43.14 200m: 2:31.35 32.83	15 Miranda do Corvo	2:31.35	418
3. Luis Gabriel Santos 50m: 32.88 32.88 100m: 1:09.63 36.75 150m: 1:57.49 47.86 200m: 2:32.69 35.20	15 Ginásio Figueirense	2:32.69	407
4. Guilherme Pedro Coelho 50m: 33.95 33.95 100m: 1:11.16 37.21 150m: 1:58.21 47.05 200m: 2:33.37 35.16	15 Náutico/Matobra	2:33.37	401
5. Luis de Oliveira 50m: 32.98 32.98 100m: 1:15.69 42.71 150m: 2:01.50 45.81 200m: 2:35.35 33.85	15 Académica de Coimbra	2:35.35	386
6. Jose Antonio Forte 50m: 35.09 35.09 100m: 1:18.85 43.76 150m: 2:05.46 46.61 200m: 2:38.89 33.43	15 Académica de Coimbra	2:38.89	361
7. Rafael Joao Correia 50m: 38.75 38.75 100m: 1:19.70 40.95 150m: 2:03.97 44.27 200m: 2:40.77 36.80	15 Lousanense	2:40.77	349
8. Joao Antonio Oliveira 50m: 36.27 36.27 100m: 1:16.97 40.70 150m: 2:08.92 51.95 200m: 2:46.00 37.08	15 Ginásio Figueirense	2:46.00	317
9. Francisco Pais Baptista 50m: 37.82 37.82 100m: 1:22.64 44.82 150m: 2:11.95 49.31 200m: 2:50.93 38.98	15 Náutico/Matobra	2:50.93	290
10. Diogo Andre Jorge 50m: 39.24 39.24 100m: 1:23.68 44.44 150m: 2:13.12 49.44 200m: 2:52.27 39.15	15 Náutico/Matobra	2:52.27	283
11. Manuel Luis Sousa 50m: 39.97 39.97 100m: 1:24.43 44.46 150m: 2:15.25 50.82 200m: 2:52.91 37.66	15 Náutico/Matobra	2:52.91	280
12. Ruben Jordao Fernandes 50m: 37.57 37.57 100m: 1:21.18 43.61 150m: 2:14.89 53.71 200m: 2:54.69 39.80	15 Miranda do Corvo	2:54.69	272
13. Joao Miguel Rodrigues 50m: 37.97 37.97 100m: 1:25.80 47.83 150m: 2:16.19 50.39 200m: 2:55.73 39.54	15 Vigor da Mocidade	2:55.73	267
14. Ruben Miguel Martins 50m: 41.70 41.70 100m: 1:29.67 47.97 150m: 2:19.06 49.39 200m: 2:58.99 39.93	15 Ginásio Figueirense	2:58.99	253

Prova 5 Masc., 200m Estilos 16 anos
24.10.09 - 18:30 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Joao Pedro Veiga 50m: 32.42 32.42 100m: 1:10.22 37.80 150m: 1:49.72 39.50 200m: 2:21.95 32.23	16 Náutico/Matobra	2:21.95	506
2. Joao Nuno Pires 50m: 31.34 31.34 100m: 1:07.10 35.76 150m: 1:49.81 42.71 200m: 2:22.72 32.91	16 Náutico/Matobra	2:22.72	498
3. Joao Manuel Borges 50m: 31.75 31.75 100m: 1:07.73 35.98 150m: 1:51.59 43.86 200m: 2:24.21 32.62	16 Ginásio Figueirense	2:24.21	483
4. Gustavo Almeida Madureira 50m: 29.88 29.88 100m: 1:06.76 36.88 150m: 1:51.83 45.07 200m: 2:24.32 32.49	16 Académica de Coimbra	2:24.32	482
5. Pedro Barros Mendes 50m: 32.35 32.35 100m: 1:09.70 37.35 150m: 1:52.42 42.72 200m: 2:26.54 34.12	16 Académica de Coimbra	2:26.54	460
6. Diogo Cunha Girao 50m: 32.87 32.87 100m: 1:09.68 36.81 150m: 1:54.52 44.84 200m: 2:26.79 32.27	16 Columbófila Cantanhedense	2:26.79	458

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 5, Masc., 200m Estilos, 16 anos

Lugar	Idade	Tempo final	Pts
7. Joao Filipe Lucas 50m: 30.16 30.16 100m: 1:11.37 41.21 150m: 1:55.64 44.27 200m: 2:30.67 35.03	16 Académica de Coimbra	2:30.67	423
8. Joao Barbosa Moreira 50m: 32.65 32.65 100m: 1:12.44 39.79 150m: 1:59.12 46.68 200m: 2:31.39 32.27	16 Náutico/Matobra	2:31.39	417
9. David Jose Fonseca 50m: 32.94 32.94 100m: 1:13.04 40.10 150m: 1:57.71 44.67 200m: 2:31.55 33.84	16 Columbófila Cantanhedense	2:31.55	416
10. Hugo Neves Neto 50m: 34.03 34.03 100m: 1:15.51 41.48 150m: 1:59.03 43.52 200m: 2:34.71 35.68	16 Columbófila Cantanhedense	2:34.71	391
11. Francisco Leonardes Alves 50m: 35.67 35.67 100m: 1:15.76 40.09 150m: 2:01.35 45.59 200m: 2:35.20 33.85	16 Académica de Coimbra	2:35.20	387
12. Tiago Andre Silva 50m: 34.04 34.04 100m: 1:18.74 44.70 150m: 2:05.96 47.22 200m: 2:40.97 35.01	16 Columbófila Cantanhedense	2:40.97	347
DNS Fabio Filipe Lopes	16 Lousanense		

Prova 5 Masc., 200m Estilos 17 - 18 anos
24.10.09 - 18:30 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Mario Alexandre Pereira 50m: 28.96 28.96 100m: 1:04.17 35.21 150m: 1:46.68 42.51 200m: 2:17.11 30.43	18 Ginásio Figueirense	2:17.11	562
2. Andre Filipe Lopes 50m: 30.11 30.11 100m: 1:07.40 37.29 150m: 1:47.96 40.56 200m: 2:18.25 30.29	18 Académica de Coimbra	2:18.25	548
3. Andre Duarte Vaz 50m: 30.74 30.74 100m: 1:05.69 34.95 150m: 1:46.95 41.26 200m: 2:18.47 31.52	17 Ginásio Figueirense	2:18.47	545
4. Gustavo Alexandre Meneses 50m: 31.54 31.54 100m: 1:07.69 36.15 150m: 1:48.18 40.49 200m: 2:20.87 32.69	18 Columbófila Cantanhedense	2:20.87	518
5. Daciano Egidio Sousa 50m: 32.13 32.13 100m: 1:09.17 37.04 150m: 1:52.10 42.93 200m: 2:23.63 31.53	17 Ginásio Figueirense	2:23.63	489
6. Guilherme Joao Patriarca 50m: 30.67 30.67 100m: 1:07.76 37.09 150m: 1:52.20 44.44 200m: 2:26.56 34.36	18 Académica de Coimbra	2:26.56	460
7. Rui Correia Tinoco 50m: 31.01 31.01 100m: 1:08.08 37.07 150m: 1:53.04 44.96 200m: 2:26.79 33.75	18 Ginásio Figueirense	2:26.79	458
8. Nuno Correia Tinoco 50m: 31.60 31.60 100m: 1:09.33 37.73 150m: 1:53.91 44.58 200m: 2:29.85 35.94	17 Ginásio Figueirense	2:29.85	430
DSQ Andre Rocha Valente <i>Falsa partida</i>	18 Académica de Coimbra		

Prova 5 Masc., 200m Estilos 19 anos e mais velhos
24.10.09 - 18:30 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Miguel Silva Oliveira 50m: 28.51 28.51 100m: 1:03.43 34.92 150m: 1:42.55 39.12 200m: 2:12.85 30.30	19 Náutico/Matobra	2:12.85	618
2. Joao Bernardo Abrantes 50m: 29.43 29.43 100m: 1:04.64 35.21 150m: 1:43.27 38.63 200m: 2:14.15 30.88	20 Náutico/Matobra	2:14.15	600
3. Pedro Miguel Conde 50m: 31.97 31.97 100m: 1:05.53 33.56 150m: 1:46.58 41.05 200m: 2:18.22 31.64	20 Náutico/Matobra	2:18.22	548
4. Pedro Fragoso Lopes 50m: 28.17 28.17 100m: 1:05.07 36.90 150m: 1:46.16 41.09 200m: 2:18.23 32.07	20 Columbófila Cantanhedense	2:18.23	548

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 5, Masc., 200m Estilos, 19 anos e mais velhos

Lugar	Idade	Tempo final	Pts
5. Rui Miguel Fonseca	22 Nautico/Matobra	2:18.30	547
50m: 28.92 28.92	100m: 1:04.12 35.20	150m: 1:46.55 42.43	200m: 2:18.30 31.75
6. Jorge Miguel Mendes	20 Nautico/Matobra	2:18.46	546
50m: 30.88 30.88	100m: 1:06.63 35.75	150m: 1:48.33 41.70	200m: 2:18.46 30.13
7. Joao Aires Gomes	25 Nautico/Matobra	2:18.58	544
50m: 29.49 29.49	100m: 1:06.61 37.12	150m: 1:46.92 40.31	200m: 2:18.58 31.66
8. Luis Miguel Santos	20 Nautico/Matobra	2:18.68	543
50m: 30.18 30.18	100m: 1:06.05 35.87	150m: 1:47.81 41.76	200m: 2:18.68 30.87
9. Alexandre Augusto Medina	20 Ginásio Figueirense	2:22.79	497
50m: 30.89 30.89	100m: 1:08.09 37.20	150m: 1:50.23 42.14	200m: 2:22.79 32.56
10. Goncalo Nuno Costa	20 Académica de Coimbra	2:23.26	493
50m: 30.39 30.39	100m: 1:10.33 39.94	150m: 1:51.65 41.32	200m: 2:23.26 31.61
11. Daniel Alexandre Rodrigues	19 Nautico/Matobra	2:23.44	491
50m: 31.10 31.10	100m: 1:08.21 37.11	150m: 1:51.53 43.32	200m: 2:23.44 31.91
12. Hugo Miguel Nunes	20 Nautico/Matobra	2:26.72	459
50m: 32.07 32.07	100m: 1:10.78 38.71	150m: 1:52.31 41.53	200m: 2:26.72 34.41
13. Bruno Miguel Amaral	21 Nautico/Matobra	2:26.98	456
50m: 30.34 30.34	100m: 1:06.77 36.43	150m: 1:52.42 45.65	200m: 2:26.98 34.56
14. Cristiano Almeida Santos	20 Nautico/Matobra	2:30.09	428
50m: 35.64 35.64	100m: 1:13.56 37.92	150m: 1:55.80 42.24	200m: 2:30.09 34.29

Prova 6
24.10.09 - 19:05

Femin., 200m Mariposa

12 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Catarina Antunes Oliveira	12 Fundação Beatriz Santos	3:24.06	223
50m: 42.73 42.73	100m: 1:34.83 52.10	150m: 2:28.91 54.08	200m: 3:24.06 55.15

Prova 6
24.10.09 - 19:05

Femin., 200m Mariposa

13 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Ines Marcelino Costa	13 Fundação Beatriz Santos	3:01.07	319
50m: 36.26 36.26	100m: 1:22.09 45.83	150m: 2:09.96 47.87	200m: 3:01.07 51.11
2. Cintia Mariana Fernandes	13 Académica de Coimbra	3:18.84	241
50m: 39.33 39.33	100m: 1:29.63 50.30	150m: 2:25.83 56.20	200m: 3:18.84 53.01

Prova 6
24.10.09 - 19:05

Femin., 200m Mariposa

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Maria Ines Almeida	14 Nautico/Matobra	2:56.42	345
50m: 40.08 40.08	100m: 1:26.43 46.35	150m: 2:12.49 46.06	200m: 2:56.42 43.93
2. Carlota Moura Carvalhos	14 Nautico/Matobra	2:57.17	341
50m: 38.28 38.28	100m: 1:24.82 46.54	150m: 2:11.48 46.66	200m: 2:57.17 45.69
3. Maria Beatriz Rascao	14 Nautico/Matobra	3:05.14	299
50m: 41.88 41.88	100m: 1:29.41 47.53	150m: 2:18.87 49.46	200m: 3:05.14 46.27

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 6, Femin., 200m Mariposa

Prova 6 Femin., 200m Mariposa 15 - 16 anos
24.10.09 - 19:05 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Beatriz Rocha Nunes 50m: 35.15 35.15 100m: 1:14.19 39.04 150m: 1:55.29 41.10 200m: 2:36.58 41.29	16 Ginásio Figueirense	2:36.58	494
2. Adriana Correia Lopes 50m: 36.72 36.72 100m: 1:17.33 40.61 150m: 1:58.32 40.99 200m: 2:38.13 39.81	15 Náutico/Matobra	2:38.13	479
3. Mariana Pedroso Carvalho 50m: 35.74 35.74 100m: 1:17.69 41.95 150m: 2:00.95 43.26 200m: 2:43.65 42.70	15 Náutico/Matobra	2:43.65	432
4. Gabriela Oliveira Andrade 50m: 36.16 36.16 100m: 1:20.23 44.07 150m: 2:06.00 45.77 200m: 2:49.09 43.09	16 Náutico/Matobra	2:49.09	392
5. Mariana Rocha Valente 50m: 36.96 36.96 100m: 1:23.24 46.28 150m: 2:11.95 48.71 200m: 2:57.43 45.48	15 Náutico/Matobra	2:57.43	339
6. Claudia Filipa Silva 50m: 40.26 40.26 100m: 1:28.61 48.35 150m: 2:19.68 51.07 200m: 3:10.40 50.72	15 Miranda do Corvo	3:10.40	274

Prova 6 Femin., 200m Mariposa 17 anos e mais velhos
24.10.09 - 19:05 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Solange Patricia Azevedo 50m: 35.45 35.45 100m: 1:16.66 41.21 150m: 1:58.87 42.21 200m: 2:40.36 41.49	21 Náutico/Matobra	2:40.36	459
2. Raquel Bartolo Vitor 50m: 35.82 35.82 100m: 1:17.60 41.78 150m: 2:01.81 44.21 200m: 2:45.49 43.68	17 Académica de Coimbra	2:45.49	418

Prova 7 Masc., 4 x 100m Estilos 13 anos
24.10.09 - 19:10 Resultados

Pontos: FINA 2009

Lugar	Tempo final	Pts
1. Fundação Beatriz Santos Inf B Luis Henrique Neves 13 40.94 1:26.63 Francisco Xavier Goncalves 13 35.83 1:18.69 Nuno Miguel Caridade 13 45.73 1:36.52 Jose Miguel Ventura 13 35.01 1:12.75	Fundação Beatriz Santos 5:34.59	237
2. Columbófila Cantanhedense Inf B Alexandro Malva Portasio 13 38.22 1:19.40 Alexandre Valdagua Coutinho 13 40.93 1:29.55 Diogo Mendes Goncalves 13 44.37 1:32.91 Francisco Miguel Oliveira 13 34.05 1:13.58	Columbófila Cantanhedense 5:35.44	236
3. Nautico / Matobra Inf B Jose Miguel Santos 13 41.37 1:24.36 Diogo Marques Almeida 13 43.16 Octavio Afonso Ferreira 13 45.55 1:34.64 Luis Pedro Silva 13	Náutico/Matobra 5:56.07	197

Prova 7 Masc., 4 x 100m Estilos 14 anos
24.10.09 - 19:10 Resultados

Pontos: FINA 2009

Lugar	Tempo final	Pts
1. Nautico / Matobra Inf A Joao Pedro Cardoso 14 36.79 1:14.16 Tomas Miguel Veloso 14 31.68 1:08.10 Pedro Coelho Silva 14 43.91 1:34.08 Joao Miguel Belchior 14 32.96 1:09.60	Náutico/Matobra 5:05.94	310
2. Columbófila Cantanhedense Inf A Diogo Andre Santos 14 36.77 1:15.76 Joao Nuno Grilo 14 36.71 1:22.97 Carlos Eduardo Santos 14 43.88 1:34.39 Bruno Filipe Ramos 14 39.46 1:23.29	Columbófila Cantanhedense 5:36.41	233

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 7, Masc., 4 x 100m Estilos

Prova 7 Masc., 4 x 100m Estilos 15 anos
24.10.09 - 19:10 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Académica de Coimbra Juv B		Académica de Coimbra		4:34.06	432
	Gustavo Lopes Ribeiro	15	33.50	1:08.85	Luis de Oliveira	15 32.84 1:12.09
	Joao Andre Neves	15	34.77	1:14.90	Francisco Xavier Rodrigues	15 27.71 58.22
2.	Nautico / Matobra Juv B		Náutico/Matobra		5:08.88	302
	Guilherme Pedro Coelho	15	34.05	1:10.15	Francisco Pais Baptista	15 37.24 1:22.79
	Diogo Andre Jorge	15	39.63	1:26.90	Manuel Luis Sousa	15 32.39 1:09.04

Prova 7 Masc., 4 x 100m Estilos 16 anos
24.10.09 - 19:10 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Académica de Coimbra Juv A		Académica de Coimbra		4:22.73	490
	Pedro Barros Mendes	16	32.98	1:07.14	Joao Filipe Lucas	16 30.00 1:05.87
	Ruben Paiva Carvalho	16	33.62	1:12.85	Gustavo Almeida Madureira	16 27.16 56.87
2.	Columbófila Cantanhedense Juv A		Columbófila Cantanhedense		4:39.40	408
	Diogo Cunha Girao	16	32.23	1:06.51	David Jose Fonseca	16 32.16 1:10.34
	Hugo Neves Neto	16	36.94	1:19.04	Tiago Andre Silva	16 30.39 1:03.51

Prova 7 Masc., 4 x 100m Estilos 17 - 18 anos
24.10.09 - 19:10 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Académica de Coimbra Jun		Académica de Coimbra		4:19.09	511
	Guilherme Joao Patriarca	18	32.25	1:07.16	Andre Filipe Lopes	18 27.08 58.55
	Tiago Rafael Lopes	18	34.26	1:14.10	Andre Rocha Valente	18 28.60 59.28
2.	Ginásio Figueirense Jun		Ginásio Figueirense		4:22.48	492
	Rui Correia Tinoco	18	33.62	1:09.36	Mario Alexandre Pereira	18 28.40 1:01.18
	Andre Duarte Vaz	17	34.60	1:14.89	Daciano Egidio Sousa	17 27.51 57.05

Prova 7 Masc., 4 x 100m Estilos 19 anos e mais velhos
24.10.09 - 19:10 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Nautico / Matobra Sen		Náutico/Matobra		4:02.10	626
	<i>RR SEN</i>					
	Pedro Miguel Conde	20	30.81	1:01.76	Miguel Silva Oliveira	19 26.93 58.08
	Joao Albano Viola	21	30.97	1:07.35	Jorge Miguel Mendes	20 26.44 54.91

DSQ Académica de Coimbra Sen Académica de Coimbra
partida antecipada do 2º nadador
Pedro Octavio Fernandes, Goncalo Nuno Costa, Hugo Rafael Ramalho, Pedro Filipe Santos

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 7, Masc., 4 x 100m Estilos

Prova 7 Masc., 4 x 100m Estilos Open
24.10.09 - 19:10 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts	
1. Nautico / Matobra Abs	Náutico/Matobra				4:14.83	537	
Bruno Miguel Amaral	21	31.42	1:03.37	Rui Miguel Fonseca	22	27.76	1:00.45
Hugo Miguel Nunes	20	34.19	1:14.25	Joao Bernardo Abrantes	20	26.87	56.76
2. Columbófila Cantanhedense Abs	Columbófila Cantanhedense				4:21.31	498	
Gustavo Alexandre Meneses	18	30.22	1:03.61	Pedro Fragoso Lopes	20	27.54	59.75
Renan Camara Pereira	17	35.10	1:16.57	Andre Marques Dinis	17	29.88	1:01.38

Prova 8 Femin., 4 x 100m Livres 12 anos
24.10.09 - 19:25 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts	
1. Columbófila Cantanhedense Inf B	Columbófila Cantanhedense				5:05.34	350	
Mariana Pereirinha Santos	12	35.69	1:16.12	Vanessa Branco Machado	12	37.34	1:19.59
Carolina Rua Santos	12	39.29	1:22.14	Mariana Cunha Guerra	12	31.97	1:07.49
2. Nautico / Matobra Inf B	Náutico/Matobra				5:08.26	340	
Mariana Portugal Costa	12	35.31	1:13.53	Rita Verissimo Damasceno	12	39.82	1:18.27
Ana Filipa Conceicao	12	38.72	1:19.94	Matilde Oliveira Andrade	12	36.33	1:16.52
3. Ginásio Figueirense Inf B	Ginásio Figueirense				5:21.14	301	
Margarida Peixoto Pelaio	12	36.48	1:15.06	Joana Filipa Roque	12	45.08	1:35.83
Ana Carolina Pessoa	12	38.19	1:18.22	Ana Raquel Ferreira	12	34.93	1:12.03

Prova 8 Femin., 4 x 100m Livres 13 anos
24.10.09 - 19:25 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts	
1. Nautico / Matobra Inf A	Náutico/Matobra				4:40.46	451	
Daniela Figueiredo Metelo	13	32.67	1:07.60	Ines Silva Mendes	13	33.32	1:10.81
Beatriz Neves Craveiro	13	32.95	1:09.09	Ana Carlota Conceicao	13	35.15	1:12.96
2. Académica de Coimbra Inf A	Académica de Coimbra				5:18.88	307	
Isa Raquel Ramalho	13	40.19	1:24.38	Cintia Mariana Fernandes	13	37.17	1:16.66
Carolina Costa Duarte	13	40.88	1:24.31	Madalena Maria Ferreira	13	34.72	1:13.53

Prova 8 Femin., 4 x 100m Livres 14 anos
24.10.09 - 19:25 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts	
1. Nautico / Matobra Juv	Náutico/Matobra				4:35.54	476	
Ana Carolina Leal	14	32.98	1:09.00	Ana Luisa Carvalho	14	32.88	1:09.09
Maria Amelia Gaspar	14	32.32	1:06.57	Maria Beatriz Rascao	14	33.56	1:10.88

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 8, Femin., 4 x 100m Livres

Prova 8 Femin., 4 x 100m Livres 15 - 16 anos
24.10.09 - 19:25 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Náutico/Matobra Jun		Náutico/Matobra		4:12.32	620
	Gabriela Oliveira Andrade	16 29.90	1:02.61	Adriana Correia Lopes	15 29.74	1:02.43
	Carolina Cunha Martins	15 29.24	1:02.36	Ana Claudia Cordeiro	15 31.00	1:04.92
2.	Académica de Coimbra Jun		Académica de Coimbra		4:32.98	490
	Joana Ines Oliveira	15 32.33	1:06.92	Joana Reis Veiga	15 32.90	1:09.69
	Sofia Roque Dias	16 33.00	1:08.85	Bruna Miguel Pereira	16 31.87	1:07.52
3.	Ginásio Figueirense Jun		Ginásio Figueirense		4:41.87	445
	Tatiana Filipa Santos	15 31.69	1:06.21	Mariana Costa Sebastiao	15 33.49	1:10.86
	Beatriz Rocha Nunes	16 32.02	1:06.15	Joana Carolina Alves	15 37.61	1:18.65

Prova 8 Femin., 4 x 100m Livres 17 anos e mais velhos
24.10.09 - 19:25 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Nautico / Matobra Sen		Náutico/Matobra		4:11.29	628
	Maria Miguel Veloso	17 30.88	1:02.99	Raquel Coutinho Gaio	20 30.23	1:03.69
	Maria Ines Ribeiro	18 30.01	1:03.01	Solange Patricia Azevedo	21 29.60	1:01.60
2.	Académica de Coimbra Sen		Académica de Coimbra		4:32.58	492
	Rita Nair Ferreira	19 31.23	1:06.21	Ana Rita Costa	19 32.40	1:10.08
	Nadia Filipa Marques	18 33.49	1:09.89	Ana Filipa Leite	24 31.86	1:06.40

Prova 8 Femin., 4 x 100m Livres Open
24.10.09 - 19:25 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Nautico / Matobra Abs		Náutico/Matobra		4:27.49	520
	Ines Barbosa Moreira	18 31.62	1:05.18	Catarina Alexandra Ferreira	15 31.92	1:07.21
	Mariana Pedroso Carvalho	15 32.93	1:08.10	Mariana Rocha Valente	15 31.70	1:07.00
EXH	Fundação Beatriz Santos Inf A/B		Fundação Beatriz Santos		4:57.30	379
	Ines Marcelino Costa	13 33.49	1:08.98	Sofia Ramos Ribeiro	12 38.65	1:19.10
	Catarina Antunes Oliveira	12 38.83	1:21.12	Beatriz Filipa Matos	13 32.54	1:08.10

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

2 - 2ª Jornada

25.10.09 - 9:30

Prova 9 Femin., 200m Livres 12 anos
25.10.09 - 9:30 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Ana Raquel Ferreira 50m: 35.48 35.48 100m: 1:14.13 38.65 150m: 1:54.38 40.25 200m: 2:32.55 38.17	12	2:32.55	412
2. Mariana Portugal Costa 50m: 36.69 36.69 100m: 1:19.00 42.31 150m: 2:02.03 43.03 200m: 2:40.88 38.85	12	2:40.88	351
3. Sofia Ramos Ribeiro 50m: 38.01 38.01 100m: 1:21.40 43.39 150m: 2:07.03 45.63 200m: 2:50.29 43.26	12	2:50.29	296
4. Carolina Rua Santos 50m: 39.66 39.66 100m: 1:23.75 44.09 150m: 2:08.25 44.50 200m: 2:51.74 43.49	12	2:51.74	289
5. Vanessa Branco Machado 50m: 38.95 38.95 100m: 1:23.76 44.81 150m: 2:10.57 46.81 200m: 2:52.97 42.40	12	2:52.97	282
6. Mariana Bordon Peralta 50m: 39.61 39.61 100m: 1:23.86 44.25 150m: 2:11.51 47.65 200m: 2:53.68 42.17	12	2:53.68	279
7. Catarina Antunes Oliveira 50m: 40.30 40.30 100m: 1:24.58 44.28 150m: 2:12.05 47.47 200m: 2:56.90 44.85	12	2:56.90	264
8. Maria Luisa Guerra 50m: 42.47 42.47 100m: 1:28.08 45.61 150m: 2:14.95 46.87 200m: 2:59.10 44.15	12	2:59.10	254
9. Mariana Domingues Paz 50m: 42.10 42.10 100m: 1:29.19 47.09 150m: 2:15.96 46.77 200m: 2:59.32 43.36	12	2:59.32	254
10. Ana Carolina Pessoa 50m: 41.85 41.85 100m: 1:28.66 46.81 150m: 2:17.09 48.43 200m: 3:02.39 45.30	12	3:02.39	241
11. Madalena Henriques Rodrigues 50m: 41.48 41.48 100m: 1:30.41 48.93 150m: 2:18.64 48.23 200m: 3:02.75 44.11	12	3:02.75	239
12. Rita Sofia Santos 50m: 41.11 41.11 100m: 1:30.19 49.08 150m: 2:20.10 49.91 200m: 3:06.86 46.76	12	3:06.86	224
13. Catarina Tavares Mendes 50m: 44.04 44.04 100m: 1:34.85 50.81 150m: 2:26.44 51.59 200m: 3:14.09 47.65	12	3:14.09	200
14. Joana Filipa Roque 50m: 46.13 46.13 100m: 1:40.01 53.88 150m: 2:35.75 55.74 200m: 3:27.86 52.11	12	3:27.86	163

Prova 9 Femin., 200m Livres 13 anos
25.10.09 - 9:30 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Beatriz Filipa Matos 50m: 34.08 34.08 100m: 1:12.16 38.08 150m: 1:51.35 39.19 200m: 2:28.86 37.51	13	2:28.86	443
2. Ines Silva Mendes 50m: 34.40 34.40 100m: 1:12.73 38.33 150m: 1:52.96 40.23 200m: 2:31.77 38.81	13	2:31.77	418
3. Andreia Margarida Morgado 50m: 35.61 35.61 100m: 1:15.43 39.82 150m: 1:57.39 41.96 200m: 2:38.15 40.76	13	2:38.15	370
4. Madalena Maria Ferreira 50m: 35.81 35.81 100m: 1:16.96 41.15 150m: 1:59.69 42.73 200m: 2:38.98 39.29	13	2:38.98	364
5. Ana Catarina Liberal 50m: 36.62 36.62 100m: 1:16.93 40.31 150m: 1:58.65 41.72 200m: 2:39.67 41.02	13	2:39.67	359
6. Cintia Mariana Fernandes 50m: 37.54 37.54 100m: 1:20.31 42.77 150m: 2:03.11 42.80 200m: 2:41.69 38.58	13	2:41.69	346

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 9, Femin., 200m Livres, 13 anos

Lugar	Idade						Tempo final	Pts
7. Mafalda Dias Filipe	13	Náutico/Matobra					2:42.29	342
50m: 38.20 38.20	100m: 1:20.50	42.30	150m: 2:02.31	41.81	200m: 2:42.29	39.98		
8. Maria Ines Martins	13	Náutico/Matobra					2:47.89	309
50m: 40.01 40.01	100m: 1:23.09	43.08	150m: 2:06.91	43.82	200m: 2:47.89	40.98		
9. Carolina Costa Duarte	13	Académica de Coimbra					3:02.66	240
50m: 39.58 39.58	100m: 1:25.94	46.36	150m: 2:15.53	49.59	200m: 3:02.66	47.13		
10. Isa Raquel Ramalho	13	Académica de Coimbra					3:03.91	235
50m: 41.21 41.21	100m: 1:27.66	46.45	200m: 3:03.91	1:36.25				
11. Ana Carolina Prata	13	Infante de Montemor					3:29.59	159
50m: 44.86 44.86	100m: 1:38.42	53.56	150m: 2:35.82	57.40	200m: 3:29.59	53.77		
DNS Catarina Santos Silva	13	Náutico/Matobra						

Prova 9
25.10.09 - 9:30

Femin., 200m Livres

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade						Tempo final	Pts
1. Maria Amelia Gaspar	14	Náutico/Matobra					2:23.49	495
50m: 33.86 33.86	100m: 1:10.05	36.19	150m: 1:47.28	37.23	200m: 2:23.49	36.21		
2. Ana Luisa Carvalho	14	Náutico/Matobra					2:25.35	476
50m: 33.73 33.73	100m: 1:10.74	37.01	150m: 1:48.44	37.70	200m: 2:25.35	36.91		
3. Maria Ines Almeida	14	Náutico/Matobra					2:31.91	417
50m: 35.35 35.35	100m: 1:14.00	38.65	150m: 1:53.54	39.54	200m: 2:31.91	38.37		
4. Joana Faim Almeida	14	Ginásio Figueirense					2:36.55	381
50m: 34.84 34.84	100m: 1:14.24	39.40	150m: 1:56.07	41.83	200m: 2:36.55	40.48		
5. Francisca Silva Marques	14	Académica de Coimbra					2:44.79	327
50m: 37.32 37.32	100m: 1:18.90	41.58	150m: 2:02.20	43.30	200m: 2:44.79	42.59		
6. Erica Filipa Costa	14	Académica de Coimbra					2:46.11	319
50m: 39.45 39.45	100m: 1:21.26	41.81	150m: 2:04.65	43.39	200m: 2:46.11	41.46		
7. Sofia Caramelo Folgado	14	Náutico/Matobra					2:48.87	304
50m: 36.69 36.69	100m: 1:20.35	43.66	150m: 2:05.34	44.99	200m: 2:48.87	43.53		
8. Monica Isabel Dias	14	Lousanense					2:59.27	254
50m: 40.20 40.20	100m: 1:26.61	46.41	150m: 2:14.00	47.39	200m: 2:59.27	45.27		

Prova 9
25.10.09 - 9:30

Femin., 200m Livres

15 - 16 anos
Resultados

Pontos: FINA 2009

Lugar	Idade						Tempo final	Pts
1. Gabriela Oliveira Andrade	16	Náutico/Matobra					2:14.01	607
50m: 31.58 31.58	100m: 1:05.73	34.15	150m: 1:40.05	34.32	200m: 2:14.01	33.96		
2. Tatiana Filipa Santos	15	Ginásio Figueirense					2:20.56	526
50m: 32.35 32.35	100m: 1:07.73	35.38	150m: 1:44.27	36.54	200m: 2:20.56	36.29		
3. Beatriz Rocha Nunes	16	Ginásio Figueirense					2:23.39	496
50m: 33.86 33.86	100m: 1:10.07	36.21	150m: 1:47.05	36.98	200m: 2:23.39	36.34		
4. Catarina Alexandra Ferreira	15	Náutico/Matobra					2:23.49	495
50m: 33.63 33.63	100m: 1:10.50	36.87	150m: 1:48.11	37.61	200m: 2:23.49	35.38		
5. Mariana Pedroso Carvalho	15	Náutico/Matobra					2:27.58	455
50m: 34.46 34.46	100m: 1:11.38	36.92	150m: 1:49.59	38.21	200m: 2:27.58	37.99		
6. Sofia Roque Dias	16	Académica de Coimbra					2:28.47	447
50m: 34.31 34.31	100m: 1:12.19	37.88	150m: 1:51.27	39.08	200m: 2:28.47	37.20		

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 9, Femin., 200m Livres, 15 - 16 anos

Lugar			Idade					Tempo final	Pts
7.	Joana Reis Veiga		15	Académica de Coimbra				2:28.92	443
	50m:	34.44 34.44	100m:	1:12.62	38.18	150m:	1:52.20 39.58	200m:	2:28.92 36.72
8.	Bruna Miguel Pereira		16	Académica de Coimbra				2:29.24	440
	50m:	34.33 34.33	100m:	1:12.47	38.14	150m:	1:51.89 39.42	200m:	2:29.24 37.35
9.	Raquel Raimundo Ferreira		15	Náutico/Matobra				2:29.59	437
	50m:	35.03 35.03	100m:	1:12.45	37.42	150m:	1:51.84 39.39	200m:	2:29.59 37.75
10.	Tatiana Cruz Costa		16	Miranda do Corvo				2:36.73	380
	50m:	35.94 35.94	100m:	1:15.13	39.19	150m:	1:55.92 40.79	200m:	2:36.73 40.81
11.	Claudia Filipa Silva		15	Miranda do Corvo				2:37.29	376
	50m:	36.20 36.20	100m:	1:15.88	39.68	150m:	1:57.03 41.15	200m:	2:37.29 40.26
12.	Adriana Raquel Silva		15	Infante de Montemor				3:17.83	189
	50m:	43.61 43.61	100m:	1:32.71	49.10	150m:	2:26.84 54.13	200m:	3:17.83 50.99
DSQ	Joana Ines Oliveira		15	Académica de Coimbra					
	<i>Falsa partida</i>								

Prova 9
25.10.09 - 9:30

Femin., 200m Livres

17 anos e mais velhos
Resultados

Pontos: FINA 2009

Lugar			Idade					Tempo final	Pts
1.	Raquel Coutinho Gaio		20	Náutico/Matobra				2:15.47	588
	50m:	31.68 31.68	100m:	1:05.90	34.22	150m:	1:40.52 34.62	200m:	2:15.47 34.95
2.	Solange Patricia Azevedo		21	Náutico/Matobra				2:17.70	560
	50m:	32.62 32.62	100m:	1:07.54	34.92	150m:	1:43.18 35.64	200m:	2:17.70 34.52
3.	Tania Martins Garcia		18	Ginásio Figueirense				2:17.71	560
	50m:	32.34 32.34	100m:	1:06.99	34.65	150m:	1:42.57 35.58	200m:	2:17.71 35.14
4.	Rita Nair Ferreira		19	Académica de Coimbra				2:20.91	522
	50m:	33.19 33.19	100m:	1:07.80	34.61	150m:	1:43.50 35.70	200m:	2:20.91 37.41
5.	Ines Barbosa Moreira		18	Náutico/Matobra				2:22.26	508
	50m:	32.67 32.67	100m:	1:08.36	35.69	150m:	1:45.06 36.70	200m:	2:22.26 37.20
6.	Raquel Bartolo Vitor		17	Académica de Coimbra				2:23.49	495
	50m:	33.14 33.14	100m:	1:09.95	36.81	150m:	1:47.61 37.66	200m:	2:23.49 35.88
7.	Ana Filipa Leite		24	Académica de Coimbra				2:23.94	490
	50m:	34.64 34.64	100m:	1:10.53	35.89	150m:	1:47.37 36.84	200m:	2:23.94 36.57
8.	Nadia Filipa Marques		18	Académica de Coimbra				2:28.30	448
	50m:	33.57 33.57	100m:	1:10.38	36.81	150m:	1:49.47 39.09	200m:	2:28.30 38.83
9.	Cristiana Margarida Lopes		18	Columbófila Cantanhedense				2:43.34	335
	50m:	33.88 33.88	100m:	1:13.97	40.09	200m:	2:43.34 1:29.37		
10.	Ana Luisa Amaro		17	Infante de Montemor				2:51.99	287
	50m:	37.98 37.98	100m:	1:21.06	43.08	150m:	2:07.23 46.17	200m:	2:51.99 44.76
11.	Ana Cardoso Fernandes		17	Infante de Montemor				3:36.16	145
	50m:	43.65 43.65	100m:	1:33.99	50.34	150m:	2:34.88 1:00.89	200m:	3:36.16 1:01.28

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 10
25.10.09 - 10:00

Masc., 400m Livres

13 anos
Resultados

Pontos: FINA 2009

Lugar			Idade					Tempo final	Pts
1.	Gabriel Jose Lopes		13	Lousanense				4:57.21	384
	50m:	32.82 32.82	150m:	1:47.41	37.87	250m:	3:03.99 38.75	350m:	4:21.25 38.60
	100m:	1:09.54 36.72	200m:	2:25.24	37.83	300m:	3:42.65 38.66	400m:	4:57.21 35.96
2.	Eduardo Filipe Carvalheiro		13	Columbófila Cantanhedense				5:13.02	329
	50m:	34.30 34.30	150m:	1:51.40	39.31	250m:	3:11.22 39.83	350m:	4:33.55 41.21
	100m:	1:12.09 37.79	200m:	2:31.39	39.99	300m:	3:52.34 41.12	400m:	5:13.02 39.47
3.	Alexandre Valdagua Coutinho		13	Columbófila Cantanhedense				5:24.39	296
	50m:	35.33 35.33	100m:	1:17.12	41.79	200m:	2:40.06 1:22.94	400m:	5:24.39 2:44.33
4.	Alexandro Malva Portasio		13	Columbófila Cantanhedense				5:27.12	288
	50m:	34.08 34.08	150m:	1:58.14	43.59	250m:	3:19.75 40.80	350m:	4:45.86 43.24
	100m:	1:14.55 40.47	200m:	2:38.95	40.81	300m:	4:02.62 42.87	400m:	5:27.12 41.26
5.	Jose Miguel Santos		13	Náutico/Matobra				5:29.86	281
	50m:	35.49 35.49	150m:	1:57.85	42.46	250m:	3:23.02 43.07	350m:	4:48.69 42.08
	100m:	1:15.39 39.90	200m:	2:39.95	42.10	300m:	4:06.61 43.59	400m:	5:29.86 41.17
6.	Jose Miguel Ventura		13	Fundação Beatriz Santos				5:34.19	270
	50m:	37.04 37.04	150m:	2:02.67	43.21	250m:	3:28.72 43.38	350m:	4:54.00 42.05
	100m:	1:19.46 42.42	200m:	2:45.34	42.67	300m:	4:11.95 43.23	400m:	5:34.19 40.19
7.	Francisco Miguel Oliveira		13	Columbófila Cantanhedense				5:34.51	270
	50m:	36.76 36.76	100m:	1:17.79	41.03	200m:	2:44.09 1:26.30	400m:	5:34.51 2:50.42
8.	Nuno Miguel Caridade		13	Fundação Beatriz Santos				5:45.64	244
	50m:	38.20 38.20	150m:	2:05.44	43.66	250m:	3:34.19 44.43	350m:	5:02.35 44.24
	100m:	1:21.78 43.58	200m:	2:49.76	44.32	300m:	4:18.11 43.92	400m:	5:45.64 43.29
9.	Diogo Mendes Goncalves		13	Columbófila Cantanhedense				5:46.14	243
	50m:	39.17 39.17	150m:	2:06.40	43.79	250m:	3:34.89 44.43	350m:	5:04.07 44.20
	100m:	1:22.61 43.44	200m:	2:50.46	44.06	300m:	4:19.87 44.98	400m:	5:46.14 42.07
10.	Luis Henrique Neves		13	Fundação Beatriz Santos				5:48.91	238
	50m:	39.27 39.27	100m:	1:23.94	44.67	200m:	2:55.01 1:31.07	400m:	5:48.91 2:53.90
11.	Diogo Silva Costa		13	Columbófila Cantanhedense				5:49.48	236
	50m:	38.33 38.33	150m:	2:09.32	46.11	250m:	3:40.08 45.89	350m:	5:09.90 44.75
	100m:	1:23.21 44.88	200m:	2:54.19	44.87	300m:	4:25.15 45.07	400m:	5:49.48 39.58
12.	Diogo Marques Almeida		13	Náutico/Matobra				5:54.60	226
	50m:	38.92 38.92	150m:	2:08.56	45.12	250m:	3:39.78 45.62	350m:	5:11.65 46.14
	100m:	1:23.44 44.52	200m:	2:54.16	45.60	300m:	4:25.51 45.73	400m:	5:54.60 42.95
13.	Jorge Martins Garcia		13	Ginásio Figueirense				6:00.50	215
	50m:	40.48 40.48	150m:	2:12.23	45.94	250m:	3:44.46 45.42	350m:	5:17.43 45.88
	100m:	1:26.29 45.81	200m:	2:59.04	46.81	300m:	4:31.55 47.09	400m:	6:00.50 43.07
14.	Luis Pedro Silva		13	Náutico/Matobra				6:02.42	212
	50m:	39.27 39.27	150m:	2:09.16	45.25	300m:	4:28.73 1:34.01		
	100m:	1:23.91 44.64	200m:	2:54.72	45.56	400m:	6:02.42 1:33.69		
15.	Filipe Daniel Rodrigues		13	Vigor da Mocidade				6:02.64	212
	50m:	39.88 39.88	150m:	2:12.29	46.58	250m:	3:45.33 46.82	350m:	5:18.81 46.56
	100m:	1:25.71 45.83	200m:	2:58.51	46.22	300m:	4:32.25 46.92	400m:	6:02.64 43.83
16.	Andre David Mata		13	Fundação Beatriz Santos				6:20.37	183
	50m:	39.17 39.17	150m:	2:15.55	50.34	250m:	3:56.18 50.08	350m:	5:35.79 49.89
	100m:	1:25.21 46.04	200m:	3:06.10	50.55	300m:	4:45.90 49.72	400m:	6:20.37 44.58
17.	Bernardo Gomes Pereira		13	Ginásio Figueirense				6:21.97	181
	50m:	41.54 41.54	150m:	2:19.95	49.95	250m:	3:58.96 48.71	350m:	5:38.04 49.59
	100m:	1:30.00 48.46	200m:	3:10.25	50.30	300m:	4:48.45 49.49	400m:	6:21.97 43.93
18.	Joao Ricardo Silva		13	Ginásio Figueirense				6:22.07	181
	50m:	41.41 41.41	150m:	2:19.91	50.74	250m:	3:56.67 46.30	350m:	5:34.11 50.08
	100m:	1:29.17 47.76	200m:	3:10.37	50.46	300m:	4:44.03 47.36	400m:	6:22.07 47.96

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 10, Masc., 400m Livres

Prova 10
25.10.09 - 10:00

Masc., 400m Livres

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Daniel Baptista Relvao	14 Académica de Coimbra	4:55.90	390
50m: 33.96 33.96	150m: 1:49.37 37.45	250m: 3:05.06 37.90	350m: 4:20.46 37.32
100m: 1:11.92 37.96	200m: 2:27.16 37.79	300m: 3:43.14 38.08	400m: 4:55.90 35.44
2. Diogo Andre Santos	14 Columbófila Cantanhedense	5:00.46	372
50m: 32.49 32.49	150m: 1:47.65 38.44	250m: 3:05.43 39.07	350m: 4:23.33 39.02
100m: 1:09.21 36.72	200m: 2:26.36 38.71	300m: 3:44.31 38.88	400m: 5:00.46 37.13
3. Carlos Eduardo Santos	14 Columbófila Cantanhedense	5:16.60	318
50m: 34.95 34.95	150m: 1:56.66 41.16	250m: 3:17.43 39.64	350m: 4:38.19 40.76
100m: 1:15.50 40.55	200m: 2:37.79 41.13	300m: 3:57.43 40.00	400m: 5:16.60 38.41
4. Joao Nuno Grilo	14 Columbófila Cantanhedense	5:18.46	313
50m: 34.29 34.29	150m: 1:52.98 40.85	250m: 3:15.61 41.85	400m: 5:18.46 39.69
100m: 1:12.13 37.84	200m: 2:33.76 40.78	350m: 4:38.77 1:23.16	
5. Nuno Andre Marreco	14 Lousanense	5:23.48	298
50m: 35.84 35.84	150m: 1:58.05 42.11	250m: 3:21.81 42.05	350m: 4:44.19 41.31
100m: 1:15.94 40.10	200m: 2:39.76 41.71	300m: 4:02.88 41.07	400m: 5:23.48 39.29
6. Joao Miguel Belchior	14 Náutico/Matobra	5:27.62	287
50m: 36.96 36.96	150m: 1:59.61 41.64	250m: 3:23.52 42.14	350m: 4:46.88 40.81
100m: 1:17.97 41.01	200m: 2:41.38 41.77	300m: 4:06.07 42.55	400m: 5:27.62 40.74
7. Andre Loureiro Ramos	14 Ginásio Figueirense	5:29.26	283
50m: 36.46 36.46	150m: 1:59.17 41.64	250m: 3:24.01 42.48	350m: 4:46.95 41.53
100m: 1:17.53 41.07	200m: 2:41.53 42.36	300m: 4:05.42 41.41	400m: 5:29.26 42.31
8. Ricardo Luis Agostinho	14 Fundação Beatriz Santos	5:29.47	282
50m: 36.29 36.29	150m: 1:59.34 42.24	250m: 3:23.37 42.14	350m: 4:49.23 43.28
100m: 1:17.10 40.81	200m: 2:41.23 41.89	300m: 4:05.95 42.58	400m: 5:29.47 40.24
9. Pedro Coelho Silva	14 Náutico/Matobra	5:40.90	255
50m: 38.39 38.39	150m: 2:03.97 42.61	250m: 3:30.50 43.74	350m: 4:59.12 44.10
100m: 1:21.36 42.97	200m: 2:46.76 42.79	300m: 4:15.02 44.52	400m: 5:40.90 41.78
10. David Jose Fernandes	14 Vigor da Mocidade	6:04.80	208
50m: 39.75 39.75	150m: 2:10.16 46.32	250m: 3:43.32 46.54	350m: 5:18.59 47.68
100m: 1:23.84 44.09	200m: 2:56.78 46.62	300m: 4:30.91 47.59	400m: 6:04.80 46.21
11. Bruno Filipe Ramos	14 Columbófila Cantanhedense	6:31.11	169
50m: 41.14 41.14	150m: 2:19.96 50.74	250m: 4:01.33 50.81	350m: 5:43.00 51.47
100m: 1:29.22 48.08	200m: 3:10.52 50.56	300m: 4:51.53 50.20	400m: 6:31.11 48.11
DSQ Joao Goncalves Figueiredo	14 Ginásio Figueirense		
<i>Perda de imobilidade</i>			

Prova 10
25.10.09 - 10:00

Masc., 400m Livres

15 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Joao Andre Neves	15 Académica de Coimbra	4:37.17	474
50m: 31.00 31.00	150m: 1:39.33 34.53	250m: 2:50.10 35.52	350m: 4:01.90 36.32
100m: 1:04.80 33.80	200m: 2:14.58 35.25	300m: 3:25.58 35.48	400m: 4:37.17 35.27
2. Francisco Xavier Rodrigues	15 Académica de Coimbra	4:40.13	459
50m: 32.15 32.15	150m: 1:44.57 36.77	250m: 2:57.13 35.61	350m: 4:08.46 36.04
100m: 1:07.80 35.65	200m: 2:21.52 36.95	300m: 3:32.42 35.29	400m: 4:40.13 31.67
3. Guilherme Pedro Coelho	15 Náutico/Matobra	4:40.26	459
50m: 31.18 31.18	150m: 1:39.42 34.57	250m: 2:50.84 36.03	350m: 4:00.59 34.31
100m: 1:04.85 33.67	200m: 2:14.81 35.39	300m: 3:26.28 35.44	400m: 4:40.26 39.67

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 10, Masc., 400m Livres, 15 anos

Lugar	Idade		Tempo final		Pts
4. Rui Jorge Dias	15	Miranda do Corvo	4:41.24	454	
50m: 32.51 32.51	100m: 1:07.53 35.02	200m: 2:19.14 1:11.61	400m: 4:41.24 2:22.10		
5. Gustavo Lopes Ribeiro	15	Académica de Coimbra	4:41.78	451	
50m: 32.06 32.06	150m: 1:43.84 36.45	250m: 2:57.54 37.05	350m: 4:08.63 34.85		
100m: 1:07.39 35.33	200m: 2:20.49 36.65	300m: 3:33.78 36.24	400m: 4:41.78 33.15		
6. Tiago Miguel Alves	15	Columbófila Cantanhedense	4:44.70	437	
50m: 32.97 32.97	150m: 1:44.48 36.26	250m: 2:56.82 36.19	350m: 4:09.97 36.47		
100m: 1:08.22 35.25	200m: 2:20.63 36.15	300m: 3:33.50 36.68	400m: 4:44.70 34.73		
7. Luis Gabriel Santos	15	Ginásio Figueirense	4:46.06	431	
50m: 32.19 32.19	150m: 1:44.03 36.44	250m: 2:57.49 36.68	350m: 4:08.43 35.02		
100m: 1:07.59 35.40	200m: 2:20.81 36.78	300m: 3:33.41 35.92	400m: 4:46.06 37.63		
8. Luis de Oliveira	15	Académica de Coimbra	4:47.96	423	
50m: 32.46 32.46	150m: 1:44.57 36.65	250m: 2:57.92 36.70	350m: 4:12.72 37.86		
100m: 1:07.92 35.46	200m: 2:21.22 36.65	300m: 3:34.86 36.94	400m: 4:47.96 35.24		
9. Jose Antonio Forte	15	Académica de Coimbra	4:52.73	402	
50m: 32.08 32.08	150m: 1:44.88 37.23	250m: 3:00.44 38.09	350m: 4:16.38 38.25		
100m: 1:07.65 35.57	200m: 2:22.35 37.47	300m: 3:38.13 37.69	400m: 4:52.73 36.35		
10. Rafael Joao Correia	15	Lousanense	4:59.54	376	
50m: 33.68 33.68	150m: 1:48.62 37.68	250m: 3:06.03 38.62	350m: 4:23.91 38.88		
100m: 1:10.94 37.26	200m: 2:27.41 38.79	300m: 3:45.03 39.00	400m: 4:59.54 35.63		
11. Joao Antonio Oliveira	15	Ginásio Figueirense	5:02.51	365	
50m: 33.97 33.97	150m: 1:50.27 38.47	250m: 3:07.72 38.35	350m: 4:24.74 37.83		
100m: 1:11.80 37.83	200m: 2:29.37 39.10	300m: 3:46.91 39.19	400m: 5:02.51 37.77		
12. Francisco Pais Baptista	15	Náutico/Matobra	5:10.24	338	
50m: 34.52 34.52	150m: 1:51.98 39.30	250m: 3:11.96 39.99	350m: 4:31.86 40.13		
100m: 1:12.68 38.16	200m: 2:31.97 39.99	300m: 3:51.73 39.77	400m: 5:10.24 38.38		
13. Bernardo Tiago Abreu	15	Académica de Coimbra	5:10.59	337	
50m: 35.59 35.59	150m: 1:53.14 38.94	250m: 3:12.95 40.55	350m: 4:33.66 40.65		
100m: 1:14.20 38.61	200m: 2:32.40 39.26	300m: 3:53.01 40.06	400m: 5:10.59 36.93		
14. Ruben Miguel Martins	15	Ginásio Figueirense	5:14.54	324	
50m: 34.57 34.57	150m: 1:53.33 39.68	250m: 3:14.04 40.49	350m: 4:34.86 40.12		
100m: 1:13.65 39.08	200m: 2:33.55 40.22	300m: 3:54.74 40.70	400m: 5:14.54 39.68		
15. Diogo Andre Jorge	15	Náutico/Matobra	5:17.37	316	
50m: 37.09 37.09	150m: 1:56.24 39.90	250m: 3:17.02 40.28	350m: 4:37.98 40.52		
100m: 1:16.34 39.25	200m: 2:36.74 40.50	300m: 3:57.46 40.44	400m: 5:17.37 39.39		
16. Ruben Jordao Fernandes	15	Miranda do Corvo	5:18.91	311	
50m: 35.20 35.20	150m: 1:56.43 41.23	250m: 3:17.87 40.67	350m: 4:39.58 40.34		
100m: 1:15.20 40.00	200m: 2:37.20 40.77	300m: 3:59.24 41.37	400m: 5:18.91 39.33		
17. Miguel Machado Gois	15	Académica de Coimbra	5:41.86	253	
50m: 49.75 49.75	150m: 2:07.41 46.40	250m: 3:35.37 43.93	350m: 4:57.76 39.02		
100m: 1:21.01 31.26	200m: 2:51.44 44.03	300m: 4:18.74 43.37	400m: 5:41.86 44.10		
DNS Manuel Luis Sousa	15	Náutico/Matobra			

Prova 10
25.10.09 - 10:00

Masc., 400m Livres

16 anos
Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final		Pts
1. Joao Nuno Pires	16	Náutico/Matobra	4:23.93	549	
50m: 30.86 30.86	150m: 1:37.14 33.17	250m: 2:43.33 32.94	350m: 3:50.17 33.58		
100m: 1:03.97 33.11	200m: 2:10.39 33.25	300m: 3:16.59 33.26	400m: 4:23.93 33.76		
2. Joao Manuel Borges	16	Ginásio Figueirense	4:28.34	522	
50m: 30.26 30.26	150m: 1:36.84 33.35	250m: 2:44.44 33.86	350m: 3:54.08 35.07		
100m: 1:03.49 33.23	200m: 2:10.58 33.74	300m: 3:19.01 34.57	400m: 4:28.34 34.26		

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 10, Masc., 400m Livres, 16 anos

Lugar	Idade		Tempo final		Pts
3. Joao Pedro Veiga	16	Náutico/Matobra	4:30.02	513	
50m: 31.30 31.30	150m: 1:39.65 34.41	250m: 2:48.85 34.27	350m: 3:57.06 34.05		
100m: 1:05.24 33.94	200m: 2:14.58 34.93	300m: 3:23.01 34.16	400m: 4:30.02 32.96		
4. Hugo Neves Neto	16	Columbófila Cantanhedense	4:33.53	493	
50m: 32.08 32.08	150m: 1:41.08 34.77	250m: 2:51.04 34.61	350m: 4:00.84 34.96		
100m: 1:06.31 34.23	200m: 2:16.43 35.35	300m: 3:25.88 34.84	400m: 4:33.53 32.69		
5. David Jose Fonseca	16	Columbófila Cantanhedense	4:33.99	491	
50m: 30.99 30.99	150m: 1:39.55 34.48	250m: 2:49.28 34.94	350m: 4:00.19 35.41		
100m: 1:05.07 34.08	200m: 2:14.34 34.79	300m: 3:24.78 35.50	400m: 4:33.99 33.80		
6. Joao Barbosa Moreira	16	Náutico/Matobra	4:34.43	488	
50m: 30.19 30.19	150m: 1:38.81 35.15	250m: 2:50.08 35.45	350m: 4:01.42 35.58		
100m: 1:03.66 33.47	200m: 2:14.63 35.82	300m: 3:25.84 35.76	400m: 4:34.43 33.01		
7. Pedro Barros Mendes	16	Académica de Coimbra	4:34.76	487	
50m: 31.05 31.05	150m: 1:39.80 34.79	250m: 2:50.08 35.45	350m: 4:01.44 1:46.50		
100m: 1:05.01 33.96	200m: 2:14.94 35.14	300m: 3:25.84 35.76	400m: 4:34.76 33.32		
8. Diogo Cunha Girao	16	Columbófila Cantanhedense	4:36.35	478	
50m: 30.98 30.98	150m: 1:39.82 34.33	250m: 2:50.73 35.61	350m: 4:01.15 34.80		
100m: 1:05.49 34.51	200m: 2:15.12 35.30	300m: 3:26.35 35.62	400m: 4:36.35 35.20		
9. Gustavo Almeida Madureira	16	Académica de Coimbra	4:38.80	466	
50m: 30.10 30.10	150m: 1:39.49 35.11	250m: 2:50.37 35.70	350m: 4:03.34 36.98		
100m: 1:04.38 34.28	200m: 2:14.67 35.18	300m: 3:26.36 35.99	400m: 4:38.80 35.46		
10. Joao Filipe Lucas	16	Académica de Coimbra	4:42.38	448	
50m: 32.29 32.29	150m: 1:43.18 1:10.89	200m: 2:19.04 35.86	250m: 2:55.47 36.43	300m: 3:31.96 36.49	350m: 4:08.28 36.32
100m: 1:04.38 34.28	200m: 2:14.67 35.18	300m: 3:26.36 35.99	400m: 4:42.38 34.10		
11. Francisco Leonardes Alves	16	Académica de Coimbra	4:42.91	446	
50m: 32.09 32.09	150m: 1:43.34 35.73	250m: 2:55.82 36.18	350m: 4:08.67 36.29		
100m: 1:07.61 35.52	200m: 2:19.64 36.30	300m: 3:32.38 36.56	400m: 4:42.91 34.24		
12. Tiago Andre Silva	16	Columbófila Cantanhedense	4:47.06	427	
50m: 32.30 32.30	150m: 1:44.91 37.08	250m: 2:58.45 36.67	350m: 4:11.85 36.26		
100m: 1:07.83 35.53	200m: 2:21.78 36.87	300m: 3:35.59 37.14	400m: 4:47.06 35.21		
13. Ruben Paiva Carvalho	16	Académica de Coimbra	4:53.45	399	
50m: 33.18 33.18	150m: 1:45.87 36.44	250m: 2:59.89 37.18	350m: 4:15.58 37.97		
100m: 1:09.43 36.25	200m: 2:22.71 36.84	300m: 3:37.61 37.72	400m: 4:53.45 37.87		
DNS Fabio Filipe Lopes	16	Lousanense			

Prova 10

25.10.09 - 10:00

Masc., 400m Livres

17 - 18 anos

Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final		Pts
1. Andre Filipe Lopes	18	Académica de Coimbra	4:12.22	629	
50m: 28.69 28.69	150m: 1:30.84 31.45	250m: 2:34.35 31.80	350m: 3:39.69 32.89		
100m: 59.39 30.70	200m: 2:02.55 31.71	300m: 3:06.80 32.45	400m: 4:12.22 32.53		
2. Andre Duarte Vaz	17	Ginásio Figueirense	4:19.77	576	
50m: 29.52 29.52	150m: 1:34.39 32.75	250m: 2:40.74 33.50	350m: 3:47.97 33.57		
100m: 1:01.64 32.12	200m: 2:07.24 32.85	300m: 3:14.40 33.66	400m: 4:19.77 31.80		
3. Tiago Rafael Lopes	18	Académica de Coimbra	4:22.12	560	
50m: 29.73 29.73	150m: 1:35.06 32.94	250m: 2:41.92 33.40	350m: 3:49.39 33.85		
100m: 1:02.12 32.39	200m: 2:08.52 33.46	300m: 3:15.54 33.62	400m: 4:22.12 32.73		
4. Mario Alexandre Pereira	18	Ginásio Figueirense	4:22.67	557	
50m: 28.98 28.98	150m: 1:36.84 34.44	250m: 2:44.57 33.26	350m: 3:53.05 34.59		
100m: 1:02.40 33.42	200m: 2:11.31 34.47	300m: 3:18.46 33.89	400m: 4:22.67 29.62		
5. Rui Correia Tinoco	18	Ginásio Figueirense	4:29.96	513	
50m: 31.26 31.26	150m: 1:39.23 34.00	250m: 2:44.57 33.26	350m: 3:56.39 1:43.25		
100m: 1:05.23 33.97	200m: 2:13.14 33.91	300m: 3:18.46 33.89	400m: 4:29.96 33.57		

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 10, Masc., 400m Livres, 17 - 18 anos

Lugar			Idade					Tempo final	Pts		
6.	Daciano Egidio Sousa		17	Ginásio Figueirense				4:33.09	496		
	50m:	30.41 30.41	150m:	1:37.75	34.38	250m:	2:47.99	35.55	350m:	3:59.52	35.99
	100m:	1:03.37 32.96	200m:	2:12.44	34.69	300m:	3:23.53	35.54	400m:	4:33.09	33.57
7.	Andre Rocha Valente		18	Académica de Coimbra				4:34.95	486		
	50m:	30.40 30.40	150m:	1:39.73	35.15	250m:	2:51.09	35.62	350m:	4:01.13	34.39
	100m:	1:04.58 34.18	200m:	2:15.47	35.74	300m:	3:26.74	35.65	400m:	4:34.95	33.82
8.	Guilherme Joao Patriarca		18	Académica de Coimbra				4:36.35	478		
	50m:	31.17 31.17	150m:	1:40.76	34.97	250m:	2:50.76	35.07	350m:	4:01.51	35.84
	100m:	1:05.79 34.62	200m:	2:15.69	34.93	300m:	3:25.67	34.91	400m:	4:36.35	34.84
9.	Andre Marques Dinis		17	Columbófila Cantanhedense				4:40.93	455		
	50m:	31.90 31.90	150m:	1:42.32	34.98	250m:	2:53.71	35.60	350m:	4:06.61	36.09
	100m:	1:07.34 35.44	200m:	2:18.11	35.79	300m:	3:30.52	36.81	400m:	4:40.93	34.32
10.	Nuno Correia Tinoco		17	Ginásio Figueirense				4:45.00	436		
	50m:	31.10 31.10	150m:	1:41.06	35.60	250m:	2:54.38	36.80	350m:	4:09.13	37.41
	100m:	1:05.46 34.36	200m:	2:17.58	36.52	300m:	3:31.72	37.34	400m:	4:45.00	35.87
11.	Renan Camara Pereira		17	Columbófila Cantanhedense				4:48.91	419		
	50m:	31.22 31.22	150m:	1:42.57	36.75	250m:	2:57.82	37.30	350m:	4:12.91	37.89
	100m:	1:05.82 34.60	200m:	2:20.52	37.95	300m:	3:35.02	37.20	400m:	4:48.91	36.00
12.	Marcelo Abreu Rodrigues		18	Académica de Coimbra				5:03.90	360		
	50m:	33.05 33.05	200m:	2:25.74	1:16.24	300m:	3:45.59	40.01	400m:	5:03.90	38.78
	100m:	1:09.50 36.45	250m:	3:05.58	39.84	350m:	4:25.12	39.53			
13.	Romulo Emanuel Fernandes		17	Académica de Coimbra				5:10.77	336		
	50m:	33.50 33.50	150m:	1:49.62	38.59	250m:	3:06.54	39.15	350m:	4:29.37	42.20
	100m:	1:11.03 37.53	200m:	2:27.39	37.77	300m:	3:47.17	40.63	400m:	5:10.77	41.40

Prova 10
25.10.09 - 10:00

Masc., 400m Livres

19 anos e mais velhos
Resultados

Pontos: FINA 2009

Lugar			Idade					Tempo final	Pts		
1.	Miguel Silva Oliveira <i>RR SEN</i>		19	Náutico/Matobra				3:59.41	736		
	50m:	26.95 26.95	150m:	1:26.94	30.30	250m:	2:28.13	30.82	350m:	3:30.11	30.90
	100m:	56.64 29.69	200m:	1:57.31	30.37	300m:	2:59.21	31.08	400m:	3:59.41	29.30
2.	Jorge Miguel Mendes		20	Náutico/Matobra				4:10.79	640		
	50m:	28.58 28.58	150m:	1:31.74	31.89	250m:	2:35.15	31.35	350m:	3:38.86	32.10
	100m:	59.85 31.27	200m:	2:03.80	32.06	300m:	3:06.76	31.61	400m:	4:10.79	31.93
3.	Pedro Miguel Conde		20	Náutico/Matobra				4:20.10	574		
	50m:	30.66 30.66	150m:	1:36.08	32.83	250m:	2:42.60	33.26	350m:	3:48.43	32.78
	100m:	1:03.25 32.59	200m:	2:09.34	33.26	300m:	3:15.65	33.05	400m:	4:20.10	31.67
4.	Rui Miguel Fonseca		22	Náutico/Matobra				4:23.16	554		
	50m:	29.79 29.79	150m:	1:35.31	33.35	250m:	2:42.23	33.10	350m:	3:51.21	34.44
	100m:	1:01.96 32.17	200m:	2:09.13	33.82	300m:	3:16.77	34.54	400m:	4:23.16	31.95
5.	Pedro Filipe Santos		21	Académica de Coimbra				4:23.43	552		
	50m:	30.72 30.72	150m:	1:35.87	32.88	250m:	2:42.91	33.43	350m:	3:50.61	33.72
	100m:	1:02.99 32.27	200m:	2:09.48	33.61	300m:	3:16.89	33.98	400m:	4:23.43	32.82
6.	Daniel Alexandre Rodrigues		19	Náutico/Matobra				4:24.09	548		
	50m:	30.15 30.15	150m:	1:36.13	33.36	250m:	2:42.66	32.92	350m:	3:50.75	34.30
	100m:	1:02.77 32.62	200m:	2:09.74	33.61	300m:	3:16.45	33.79	400m:	4:24.09	33.34
7.	Joao Aires Gomes		25	Náutico/Matobra				4:27.20	529		
	50m:	31.31 31.31	150m:	1:38.64	33.86	250m:	2:45.88	33.24	350m:	3:53.29	33.96
	100m:	1:04.78 33.47	200m:	2:12.64	34.00	300m:	3:19.33	33.45	400m:	4:27.20	33.91
8.	Luis Miguel Santos		20	Náutico/Matobra				4:27.72	526		
	50m:	30.23 30.23	150m:	1:37.48	33.86	250m:	2:45.90	34.21	350m:	3:54.39	34.44
	100m:	1:03.62 33.39	200m:	2:11.69	34.21	300m:	3:19.95	34.05	400m:	4:27.72	33.33

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 10, Masc., 400m Livres, 19 anos e mais velhos

Lugar			Idade					Tempo final	Pts		
9.	Alexandre Augusto Medina		20	Ginásio Figueirense				4:29.49	516		
	50m:	29.60 29.60	150m:	1:34.94	33.50	250m:	2:44.29	34.81	350m:	3:54.91	35.51
	100m:	1:01.44 31.84	200m:	2:09.48	34.54	300m:	3:19.40	35.11	400m:	4:29.49	34.58
10.	Joao Bernardo Abrantes		20	Náutico/Matobra				4:30.07	512		
	50m:	29.78 29.78	150m:	1:36.35	33.96	250m:	2:45.78	35.00	350m:	3:55.69	34.81
	100m:	1:02.39 32.61	200m:	2:10.78	34.43	300m:	3:20.88	35.10	400m:	4:30.07	34.38
11.	Hugo Rafael Ramalho		20	Académica de Coimbra				4:31.97	502		
	50m:	30.70 30.70	150m:	1:38.26	34.00	250m:	2:48.24	35.00	350m:	3:58.75	35.34
	100m:	1:04.26 33.56	200m:	2:13.24	34.98	300m:	3:23.41	35.17	400m:	4:31.97	33.22
12.	Hugo Miguel Nunes		20	Náutico/Matobra				4:32.72	498		
	50m:	31.00 31.00	150m:	1:38.92	34.34	250m:	2:48.53	34.88	350m:	3:58.90	35.06
	100m:	1:04.58 33.58	200m:	2:13.65	34.73	300m:	3:23.84	35.31	400m:	4:32.72	33.82
13.	Cristiano Almeida Santos		20	Náutico/Matobra				4:39.66	461		
	50m:	30.81 30.81	150m:	1:40.10	35.14	250m:	2:51.03	35.25	350m:	4:04.44	37.10
	100m:	1:04.96 34.15	200m:	2:15.78	35.68	300m:	3:27.34	36.31	400m:	4:39.66	35.22
14.	Bruno Miguel Amaral		21	Náutico/Matobra				4:42.76	446		
	50m:	32.18 32.18	150m:	1:43.03	35.71	250m:	2:54.51	35.63	350m:	4:07.15	36.45
	100m:	1:07.32 35.14	200m:	2:18.88	35.85	300m:	3:30.70	36.19	400m:	4:42.76	35.61

Prova 11
25.10.09 - 11:10

Femin., 200m Bruços

12 anos
Resultados

Pontos: FINA 2009

Lugar			Idade					Tempo final	Pts		
1.	Mariana Cunha Guerra		12	Columbófila Cantanhedense				3:17.97	345		
	50m:	45.37 45.37	100m:	1:36.10	50.73	150m:	2:28.40	52.30	200m:	3:17.97	49.57
2.	Mariana Domingues Paz		12	Miranda do Corvo				3:19.46	338		
	50m:	48.60 48.60	100m:	1:39.28	50.68	150m:	2:30.27	50.99	200m:	3:19.46	49.19
3.	Matilde Oliveira Andrade		12	Náutico/Matobra				3:21.11	329		
	50m:	45.86 45.86	100m:	1:37.99	52.13	150m:	2:29.64	51.65	200m:	3:21.11	51.47
4.	Mariana Pereirinha Santos		12	Columbófila Cantanhedense				3:26.58	304		
	50m:	46.17 46.17	100m:	1:38.60	52.43	150m:	2:33.76	55.16	200m:	3:26.58	52.82
5.	Rita Verissimo Damasceno		12	Náutico/Matobra				3:28.56	295		
	50m:	46.87 46.87	100m:	1:41.11	54.24	150m:	2:35.78	54.67	200m:	3:28.56	52.78
6.	Ana Filipa Conceicao		12	Náutico/Matobra				3:30.19	288		
	50m:	48.34 48.34	100m:	1:41.63	53.29	150m:	2:37.53	55.90	200m:	3:30.19	52.66
7.	Maria Carolina Correia		12	Lousanense				3:30.92	285		
	50m:	44.94 44.94	100m:	1:38.98	54.04	150m:	2:35.14	56.16	200m:	3:30.92	55.78
8.	Joana Filipa Roque		12	Ginásio Figueirense				3:45.39	234		
	50m:	50.64 50.64	100m:	1:48.45	57.81	150m:	2:47.50	59.05	200m:	3:45.39	57.89
9.	Rita Sofia Santos		12	Lousanense				3:57.76	199		
	50m:	54.07 54.07	100m:	1:54.72	1:00.65	150m:	2:57.20	1:02.48	200m:	3:57.76	1:00.56
10.	Catarina Tavares Mendes		12	Vigor da Mocidade				3:58.55	197		
	50m:	53.87 53.87	100m:	1:55.79	1:01.92	150m:	2:57.53	1:01.74	200m:	3:58.55	1:01.02
DSQ	Margarida Peixoto Pelaio		12	Ginásio Figueirense							
	<i>Falsa partida</i>										
DNS	Patricia Margarida Carvalheira		12	Náutico/Matobra							

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 11, Femin., 200m Bruços

Prova 11
25.10.09 - 11:10

Femin., 200m Bruços

13 anos
Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final				Pts
1. Daniela Figueiredo Metelo	13	Náutico/Matobra	3:16.58	353			
50m: 45.20 45.20	100m: 1:35.61 50.41	150m: 2:26.13 50.52	200m: 3:16.58 50.45				
2. Ana Carlota Conceicao	13	Náutico/Matobra	3:19.16	339			
50m: 47.69 47.69	100m: 1:39.18 51.49	150m: 2:29.73 50.55	200m: 3:19.16 49.43				
3. Beatriz Neves Craveiro	13	Náutico/Matobra	3:23.98	316			
50m: 47.46 47.46	100m: 1:40.16 52.70	150m: 2:32.87 52.71	200m: 3:23.98 51.11				
4. Rute Daniela Simoes	13	Lousanense	3:28.09	297			
50m: 46.99 46.99	100m: 1:39.37 52.38	150m: 2:33.75 54.38	200m: 3:28.09 54.34				
5. Carolina Domingues Borges	13	Vigor da Mocidade	3:51.28	217			
50m: 52.72 52.72	100m: 1:51.71 58.99	150m: 2:52.38 1:00.67	200m: 3:51.28 58.90				
6. Andreia Dias Vaqueirinho	13	Náutico/Matobra	3:57.48	200			
50m: 52.48 52.48	100m: 1:52.78 1:00.30	150m: 2:56.12 1:03.34	200m: 3:57.48 1:01.36				
DSQ Ines Marcelino Costa	13	Fundação Beatriz Santos					
<i>Falsa partida</i>							
DSQ Ana Carolina Prata	13	Infante de Montemor					
<i>Na viragem aos 150 mts, o atleta tocou só com uma mão</i>							

Prova 11
25.10.09 - 11:10

Femin., 200m Bruços

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final				Pts
1. Carlota Moura Carvalhos	14	Náutico/Matobra	3:06.30	414			
50m: 42.62 42.62	100m: 1:30.54 47.92	150m: 2:18.72 48.18	200m: 3:06.30 47.58				
2. Maria Beatriz Rascao	14	Náutico/Matobra	3:07.66	405			
50m: 42.76 42.76	100m: 1:31.29 48.53	150m: 2:19.79 48.50	200m: 3:07.66 47.87				
3. Maria Joao Paixao	14	Ginásio Figueirense	3:08.01	403			
50m: 42.29 42.29	100m: 1:30.96 48.67	150m: 2:19.97 49.01	200m: 3:08.01 48.04				
4. Florbela Cavaco Machado	14	Columbófila Cantanhedense	3:10.57	387			
50m: 43.25 43.25	100m: 1:33.02 49.77	150m: 2:22.46 49.44	200m: 3:10.57 48.11				
5. Diana Filipa Goncalves	14	Náutico/Matobra	3:18.87	341			
50m: 45.07 45.07	100m: 1:35.47 50.40	150m: 2:26.83 51.36	200m: 3:18.87 52.04				
6. Erica Filipa Costa	14	Académica de Coimbra	3:21.89	326			
50m: 45.49 45.49	100m: 1:36.53 51.04	150m: 2:29.25 52.72	200m: 3:21.89 52.64				
DSQ Ana Carolina Leal	14	Náutico/Matobra					
<i>Pernada de golfinho, durante todo o percurso</i>							
DSQ Monica Isabel Dias	14	Lousanense					
<i>Nas viragens dos 25 e 75 mts, a atleta tocou apenas com 1 mão na parede</i>							

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 11, Femin., 200m Bruços

Prova 11
25.10.09 - 11:10

Femin., 200m Bruços

15 - 16 anos
Resultados

Pontos: FINA 2009

Lugar	Idade						Tempo final	Pts
1. Ana Claudia Cordeiro	15	Náutico/Matobra					2:53.25	515
50m: 39.30 39.30	100m: 1:23.35	44.05	150m: 2:08.38	45.03	200m: 2:53.25		44.87	
2. Adriana Correia Lopes	15	Náutico/Matobra					2:59.04	467
50m: 41.95 41.95	100m: 1:27.53	45.58	150m: 2:13.38	45.85	200m: 2:59.04		45.66	
3. Mariana Rocha Valente	15	Náutico/Matobra					3:02.51	441
50m: 41.20 41.20	100m: 1:27.16	45.96	150m: 2:15.19	48.03	200m: 3:02.51		47.32	
4. Carolina Cunha Martins	15	Náutico/Matobra					3:05.50	420
50m: 41.94 41.94	100m: 1:28.97	47.03	150m: 2:17.56	48.59	200m: 3:05.50		47.94	
5. Mariana Coutinho Souto	15	Académica de Coimbra					3:08.07	403
50m: 43.38 43.38	100m: 1:31.84	48.46	150m: 2:19.77	47.93	200m: 3:08.07		48.30	
6. Mariana Costa Sebastiao	15	Ginásio Figueirense					3:11.46	382
50m: 42.85 42.85	100m: 1:30.60	47.75	150m: 2:20.58	49.98	200m: 3:11.46		50.88	
7. Joana Ines Oliveira	15	Académica de Coimbra					3:12.14	378
50m: 43.78 43.78	100m: 1:32.49	48.71	150m: 2:22.64	50.15	200m: 3:12.14		49.50	
8. Sofia Roque Dias	16	Académica de Coimbra					3:12.41	376
50m: 44.87 44.87	100m: 1:33.55	48.68	150m: 2:23.39	49.84	200m: 3:12.41		49.02	
9. Joana Reis Veiga	15	Académica de Coimbra					3:14.91	362
50m: 44.17 44.17	100m: 1:34.51	50.34	150m: 2:25.21	50.70	200m: 3:14.91		49.70	
10. Joana Carolina Alves	15	Ginásio Figueirense					3:23.10	320
50m: 46.97 46.97	100m: 1:38.03	51.06	150m: 2:30.89	52.86	200m: 3:23.10		52.21	

Prova 11
25.10.09 - 11:10

Femin., 200m Bruços

17 anos e mais velhos
Resultados

Pontos: FINA 2009

Lugar	Idade						Tempo final	Pts
1. Maria Ines Ribeiro	18	Náutico/Matobra					2:48.55	559
50m: 38.36 38.36	100m: 1:20.84	42.48	150m: 2:04.26	43.42	200m: 2:48.55		44.29	
2. Maria Miguel Veloso	17	Náutico/Matobra					2:49.24	553
50m: 39.96 39.96	100m: 1:22.61	42.65	150m: 2:05.67	43.06	200m: 2:49.24		43.57	
3. Ana Rita Costa	19	Académica de Coimbra					3:03.76	432
50m: 40.14 40.14	100m: 1:25.93	45.79	150m: 2:14.32	48.39	200m: 3:03.76		49.44	
4. Ana Cardoso Fernandes	17	Infante de Montemor					4:09.27	173
50m: 55.94 55.94	100m: 1:58.82	1:02.88	150m: 3:05.21	1:06.39	200m: 4:09.27		1:04.06	
DSQ Ana Luisa Amaro	17	Infante de Montemor						
<i>a atleta não completou o percurso, desistindo aos 25 mts</i>								

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 12
25.10.09 - 11:35

Masc., 200m Costas

13 anos
Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final		Pts
1. Gabriel Jose Lopes	13	Lousanense	2:38.15	332	
50m: 37.11 37.11	100m: 1:17.95 40.84	150m: 1:59.45 41.50	200m: 2:38.15	38.70	
2. Alexandre Malva Portasio	13	Columbófila Cantanhedense	2:45.29	291	
50m: 38.69 38.69	100m: 1:21.49 42.80	150m: 2:03.55 42.06	200m: 2:45.29	41.74	
3. Joao Pedro Valerio	13	Miranda do Corvo	2:55.42	243	
50m: 41.51 41.51	100m: 1:26.96 45.45	150m: 2:11.72 44.76	200m: 2:55.42	43.70	
4. Diogo Silva Costa	13	Columbófila Cantanhedense	2:58.79	230	
50m: 42.28 42.28	100m: 1:27.58 45.30	150m: 2:13.82 46.24	200m: 2:58.79	44.97	
5. Diogo Mendes Goncalves	13	Columbófila Cantanhedense	3:04.61	209	
50m: 44.03 44.03	100m: 1:31.24 47.21	150m: 2:18.95 47.71	200m: 3:04.61	45.66	
6. Octavio Afonso Ferreira	13	Náutico/Matobra	3:06.04	204	
50m: 45.86 45.86	100m: 1:33.69 47.83	150m: 2:21.17 47.48	200m: 3:06.04	44.87	
7. Francisco Miguel Oliveira	13	Columbófila Cantanhedense	3:11.15	188	
50m: 44.38 44.38	100m: 1:34.21 49.83	200m: 3:11.15 1:36.94			
8. Jorge Martins Garcia	13	Ginásio Figueirense	3:13.98	180	
50m: 46.20 46.20	100m: 1:36.02 49.82	150m: 2:26.24 50.22	200m: 3:13.98	47.74	
9. Bernardo Gomes Pereira	13	Ginásio Figueirense	3:22.95	157	
50m: 46.34 46.34	100m: 1:38.63 52.29	200m: 3:22.95 1:44.32			
10. Hugo Vale Pereira	13	Náutico/Matobra	3:24.74	153	
50m: 48.33 48.33	100m: 1:39.18 50.85	150m: 2:32.88 53.70	200m: 3:24.74	51.86	
11. Joao Ricardo Silva	13	Ginásio Figueirense	3:27.26	148	
50m: 48.04 48.04	100m: 1:42.73 54.69	150m: 2:36.69 53.96	200m: 3:27.26	50.57	
12. Simao Pedro Coelho	13	Náutico/Matobra	3:30.73	140	
50m: 49.59 49.59	100m: 1:43.71 54.12	150m: 2:38.08 54.37	200m: 3:30.73	52.65	
13. Francisco Jose Lopes	13	Náutico/Matobra	3:49.23	109	
50m: 54.41 54.41	100m: 1:52.89 58.48	150m: 2:52.15 59.26	200m: 3:49.23	57.08	

Prova 12
25.10.09 - 11:35

Masc., 200m Costas

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final		Pts
1. Francisco Jose Fernandes	14	Lousanense	2:26.89	414	
50m: 34.08 34.08	100m: 1:11.08 37.00	150m: 1:50.05 38.97	200m: 2:26.89	36.84	
2. Tomas Miguel Veloso	14	Náutico/Matobra	2:33.74	361	
50m: 36.59 36.59	100m: 1:15.77 39.18	150m: 1:54.76 38.99	200m: 2:33.74	38.98	
3. Diogo Andre Santos	14	Columbófila Cantanhedense	2:37.27	338	
50m: 36.64 36.64	100m: 1:17.19 40.55	150m: 1:57.71 40.52	200m: 2:37.27	39.56	
4. Nuno Andre Marreco	14	Lousanense	2:48.36	275	
50m: 38.24 38.24	100m: 1:21.11 42.87	150m: 2:05.57 44.46	200m: 2:48.36	42.79	
5. Carlos Eduardo Santos	14	Columbófila Cantanhedense	2:54.44	247	
50m: 40.65 40.65	100m: 1:24.61 43.96	150m: 2:10.40 45.79	200m: 2:54.44	44.04	
6. Antonio Miguel Correia	14	Lousanense	2:54.96	245	
50m: 40.21 40.21	100m: 1:23.81 43.60	150m: 2:09.43 45.62	200m: 2:54.96	45.53	
7. Joao Goncalves Figueiredo	14	Ginásio Figueirense	2:58.43	231	
50m: 41.91 41.91	100m: 1:26.15 44.24	150m: 2:13.29 47.14	200m: 2:58.43	45.14	
8. Ricardo Luis Agostinho	14	Fundação Beatriz Santos	2:58.75	230	
50m: 41.48 41.48	100m: 1:27.40 45.92	150m: 2:13.45 46.05	200m: 2:58.75	45.30	

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 12, Masc., 200m Costas, 14 anos

Lugar	Idade	Tempo final	Pts
9. Andre Loureiro Ramos 50m: 45.75 45.75	14 Ginásio Figueirense 100m: 1:33.36 47.61 150m: 2:21.46 48.10	3:05.17 200m: 3:05.17	207 43.71
10. Bruno Filipe Ramos 50m: 46.85 46.85	14 Columbófila Cantanhedense 100m: 1:37.36 50.51 150m: 2:27.96 50.60	3:17.11 200m: 3:17.11	171 49.15

Prova 12
25.10.09 - 11:35

Masc., 200m Costas

15 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Luis Gabriel Santos 50m: 33.76 33.76	15 Ginásio Figueirense 100m: 1:10.23 36.47 150m: 1:47.72 37.49	2:24.98 200m: 2:24.98	431 37.26
2. Gustavo Lopes Ribeiro 50m: 33.44 33.44	15 Académica de Coimbra 100m: 1:10.78 37.34 150m: 1:49.91 39.13	2:26.79 200m: 2:26.79	415 36.88
3. Guilherme Pedro Coelho 50m: 35.09 35.09	15 Náutico/Matobra 100m: 1:12.46 37.37 150m: 1:50.75 38.29	2:28.45 200m: 2:28.45	401 37.70
4. Rafael Joao Correia 50m: 37.57 37.57	15 Lousanense 100m: 1:16.76 39.19 150m: 1:57.41 40.65	2:35.06 200m: 2:35.06	352 37.65
5. Tiago Miguel Alves 50m: 36.98 36.98	15 Columbófila Cantanhedense 100m: 1:17.47 40.49 150m: 1:57.85 40.38	2:36.92 200m: 2:36.92	340 39.07
6. Rui Jorge Dias 50m: 38.65 38.65	15 Miranda do Corvo 100m: 1:18.68 40.03 150m: 1:59.52 40.84	2:37.60 200m: 2:37.60	336 38.08
7. Diogo Andre Jorge 50m: 39.35 39.35	15 Náutico/Matobra 100m: 1:22.07 42.72 150m: 2:05.73 43.66	2:47.34 200m: 2:47.34	280 41.61
8. Joao Antonio Oliveira 50m: 39.89 39.89	15 Ginásio Figueirense 100m: 1:22.99 43.10 150m: 2:05.47 42.48	2:48.20 200m: 2:48.20	276 42.73
9. Joao Miguel Rodrigues 50m: 42.24 42.24	15 Vigor da Mocidade 100m: 1:27.92 45.68 200m: 2:57.43 1:29.51	2:57.43	235
10. Ruben Miguel Martins 50m: 41.71 41.71	15 Ginásio Figueirense 100m: 1:28.31 46.60 150m: 2:15.55 47.24	3:01.30 200m: 3:01.30	220 45.75
DNS Manuel Luis Sousa	15 Náutico/Matobra		

Prova 12
25.10.09 - 11:35

Masc., 200m Costas

16 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Joao Manuel Borges 50m: 33.66 33.66	16 Ginásio Figueirense 200m: 2:19.06 1:45.40	2:19.06	488
2. Joao Nuno Pires 50m: 33.25 33.25	16 Náutico/Matobra 100m: 1:08.22 34.97 150m: 1:43.85 35.63	2:19.13 200m: 2:19.13	488 35.28
3. Diogo Cunha Girao 50m: 33.93 33.93	16 Columbófila Cantanhedense 100m: 1:10.69 36.76 150m: 1:47.14 36.45	2:21.94 200m: 2:21.94	459 34.80
4. Francisco Leonardes Alves 50m: 37.78 37.78	16 Académica de Coimbra 100m: 1:17.55 39.77 150m: 1:57.70 40.15	2:34.88 200m: 2:34.88	353 37.18
5. Hugo Neves Neto 50m: 38.23 38.23	16 Columbófila Cantanhedense 100m: 1:18.24 40.01 150m: 1:58.28 40.04	2:37.90 200m: 2:37.90	334 39.62
DNS Fabio Filipe Lopes	16 Lousanense		

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 12, Masc., 200m Costas

Prova 12
25.10.09 - 11:35

Masc., 200m Costas

17 - 18 anos
Resultados

Pontos: FINA 2009

Lugar	Idade				Tempo final	Pts
1. Rui Correia Tinoco	18	Ginásio Figueirense			2:23.48	445
50m: 34.62 34.62	100m: 1:10.99	36.37	150m: 1:47.62	36.63	200m: 2:23.48	35.86
2. Andre Duarte Vaz	17	Ginásio Figueirense			2:23.65	443
50m: 33.97 33.97	100m: 1:10.00	36.03	150m: 1:47.01	37.01	200m: 2:23.65	36.64
3. Gustavo Alexandre Meneses	18	Columbófila Cantanhedense			2:23.96	440
50m: 33.34 33.34	100m: 1:09.18	35.84	150m: 1:46.38	37.20	200m: 2:23.96	37.58
4. Tiago Rafael Lopes	18	Académica de Coimbra			2:26.41	418
50m: 34.71 34.71	100m: 1:12.19	37.48	150m: 1:49.94	37.75	200m: 2:26.41	36.47
5. Guilherme Joao Patriarca	18	Académica de Coimbra			2:27.30	411
50m: 34.09 34.09	100m: 1:11.14	37.05	150m: 1:49.39	38.25	200m: 2:27.30	37.91
6. Nuno Correia Tinoco	17	Ginásio Figueirense			2:27.65	408
50m: 34.59 34.59	100m: 1:11.74	37.15	150m: 1:51.05	39.31	200m: 2:27.65	36.60
7. Daciano Egidio Sousa	17	Ginásio Figueirense			2:31.36	379
50m: 34.59 34.59	100m: 1:12.26	37.67	150m: 1:52.23	39.97	200m: 2:31.36	39.13
8. Andre Marques Dinis	17	Columbófila Cantanhedense			2:42.06	309
50m: 38.97 38.97	100m: 1:18.89	39.92	150m: 2:00.78	41.89	200m: 2:42.06	41.28

Prova 12
25.10.09 - 11:35

Masc., 200m Costas

19 anos e mais velhos
Resultados

Pontos: FINA 2009

Lugar	Idade				Tempo final	Pts
1. Miguel Silva Oliveira	19	Náutico/Matobra			2:11.61	576
50m: 31.94 31.94	100m: 1:05.30	33.36	150m: 1:39.29	33.99	200m: 2:11.61	32.32
2. Jorge Miguel Mendes	20	Náutico/Matobra			2:14.43	541
50m: 32.76 32.76	100m: 1:06.97	34.21	150m: 1:41.21	34.24	200m: 2:14.43	33.22
3. Bruno Miguel Amaral	21	Náutico/Matobra			2:16.96	511
50m: 32.75 32.75	100m: 1:07.11	34.36	150m: 1:42.23	35.12	200m: 2:16.96	34.73
4. Joao Bernardo Abrantes	20	Náutico/Matobra			2:23.10	448
50m: 34.11 34.11	100m: 1:11.18	37.07	150m: 1:47.79	36.61	200m: 2:23.10	35.31
5. Joao Albano Viola	21	Náutico/Matobra			2:29.62	392
50m: 34.21 34.21	100m: 1:11.50	37.29	150m: 1:50.00	38.50	200m: 2:29.62	39.62
6. Cristiano Almeida Santos	20	Náutico/Matobra			2:34.22	358
50m: 36.54 36.54	100m: 1:15.33	38.79	150m: 1:55.11	39.78	200m: 2:34.22	39.11
7. Pedro Octavio Fernandes	19	Académica de Coimbra			2:45.22	291
50m: 37.76 37.76	100m: 1:19.57	41.81	150m: 2:02.36	42.79	200m: 2:45.22	42.86

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 13
25.10.09 - 12:00

Femin., 200m Estilos

12 anos
Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final		Pts
1. Mariana Cunha Guerra	12	Columbófila Cantanhedense	2:48.23	434	
50m: 36.10 36.10	100m: 1:19.39 43.29	150m: 2:11.56 52.17	200m: 2:48.23	36.67	
2. Ana Raquel Ferreira	12	Ginásio Figueirense	2:55.30	384	
50m: 42.21 42.21	100m: 1:26.16 43.95	150m: 2:17.25 51.09	200m: 2:55.30	38.05	
3. Mariana Pereirinha Santos	12	Columbófila Cantanhedense	3:04.14	331	
50m: 42.68 42.68	100m: 1:30.18 47.50	150m: 2:23.62 53.44	200m: 3:04.14	40.52	
4. Maria Carolina Correia	12	Lousanense	3:09.11	306	
50m: 42.92 42.92	100m: 1:33.28 50.36	150m: 2:27.32 54.04	200m: 3:09.11	41.79	
5. Mariana Bordon Peralta	12	Académica de Coimbra	3:09.22	305	
50m: 44.83 44.83	100m: 1:36.57 51.74	150m: 2:30.99 54.42	200m: 3:09.22	38.23	
6. Catarina Antunes Oliveira	12	Fundação Beatriz Santos	3:12.38	290	
50m: 40.42 40.42	100m: 1:30.19 49.77	150m: 2:28.09 57.90	200m: 3:12.38	44.29	
7. Carolina Rua Santos	12	Columbófila Cantanhedense	3:17.57	268	
50m: 47.75 47.75	150m: 2:33.98 1:46.23	200m: 3:17.57 43.59			
8. Vanessa Branco Machado	12	Columbófila Cantanhedense	3:20.90	255	
50m: 48.69 48.69	100m: 1:38.85 50.16	150m: 2:36.25 57.40	200m: 3:20.90	44.65	
9. Ana Carolina Pessoa	12	Ginásio Figueirense	3:23.07	247	
50m: 49.60 49.60	100m: 1:38.43 48.83	150m: 2:37.97 59.54	200m: 3:23.07	45.10	
10. Sofia Ramos Ribeiro	12	Fundação Beatriz Santos	3:27.41	232	
50m: 45.56 45.56	100m: 1:41.12 55.56	150m: 2:44.60 1:03.48	200m: 3:27.41	42.81	
DSQ Margarida Peixoto Pelaio	12	Ginásio Figueirense			
<i>Na viragem de costas p/ bruços, o atleta perdeu a posição dorsal antes de tocar na parede</i>					

Prova 13
25.10.09 - 12:00

Femin., 200m Estilos

13 anos
Resultados

Pontos: FINA 2009

Lugar	Idade		Tempo final		Pts
1. Ines Marcelino Costa	13	Fundação Beatriz Santos	2:52.73	401	
50m: 36.93 36.93	100m: 1:23.13 46.20	150m: 2:13.59 50.46	200m: 2:52.73	39.14	
2. Cintia Mariana Fernandes	13	Académica de Coimbra	2:56.65	375	
50m: 38.76 38.76	100m: 1:22.39 43.63	150m: 2:15.60 53.21	200m: 2:56.65	41.05	
3. Madalena Maria Ferreira	13	Académica de Coimbra	3:01.58	345	
50m: 38.08 38.08	100m: 1:25.74 47.66	150m: 2:21.70 55.96	200m: 3:01.58	39.88	
4. Rute Daniela Simoes	13	Lousanense	3:04.90	327	
50m: 45.95 45.95	100m: 1:33.42 47.47	150m: 2:25.81 52.39	200m: 3:04.90	39.09	
5. Carolina Domingues Borges	13	Vigor da Mocidade	3:22.84	248	
50m: 47.56 47.56	100m: 1:38.03 50.47	150m: 2:38.31 1:00.28	200m: 3:22.84	44.53	

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 13, Femin., 200m Estilos

Prova 13
25.10.09 - 12:00

Femin., 200m Estilos

14 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Florbela Cavaco Machado 50m: 36.52 36.52 100m: 1:19.93 43.41 150m: 2:09.33 49.40 200m: 2:43.25 33.92	14 Columbófila Cantanhedense	2:43.25	475
2. Maria Ines Almeida 50m: 37.93 37.93 100m: 1:19.72 41.79 150m: 2:07.89 48.17 200m: 2:45.89 38.00	14 Náutico/Matobra	2:45.89	453
3. Ana Carolina Leal 50m: 36.54 36.54 100m: 1:19.00 42.46 150m: 2:09.13 50.13 200m: 2:46.19 37.06	14 Náutico/Matobra	2:46.19	450
4. Maria Amelia Gaspar 50m: 36.72 36.72 100m: 1:18.73 42.01 150m: 2:10.24 51.51 200m: 2:46.41 36.17	14 Náutico/Matobra	2:46.41	449
5. Maria Joao Paixao 50m: 39.16 39.16 100m: 1:20.10 40.94 150m: 2:09.79 49.69 200m: 2:47.17 37.38	14 Ginásio Figueirense	2:47.17	442
6. Ana Luisa Carvalho 50m: 38.88 38.88 100m: 1:23.41 44.53 150m: 2:11.24 47.83 200m: 2:48.32 37.08	14 Náutico/Matobra	2:48.32	433
7. Carlota Moura Carvalhos 50m: 39.35 39.35 100m: 1:21.28 41.93 150m: 2:10.40 49.12 200m: 2:48.61 38.21	14 Náutico/Matobra	2:48.61	431
8. Maria Beatriz Rascao 50m: 39.45 39.45 100m: 1:24.17 44.72 150m: 2:13.21 49.04 200m: 2:51.07 37.86	14 Náutico/Matobra	2:51.07	413
9. Joana Faim Almeida 50m: 41.22 41.22 100m: 1:26.09 44.87 150m: 2:17.65 51.56 200m: 2:58.03 40.38	14 Ginásio Figueirense	2:58.03	366
10. Diana Filipa Goncalves 50m: 45.56 45.56 100m: 1:34.40 48.84 150m: 2:25.44 51.04 200m: 3:08.15 42.71	14 Náutico/Matobra	3:08.15	310
11. Sofia Caramelo Folgado 50m: 41.70 41.70 100m: 1:29.44 47.74 150m: 2:25.88 56.44 200m: 3:08.38 42.50	14 Náutico/Matobra	3:08.38	309
DSQ Francisca Silva Marques <i>Falsa partida</i>	14 Académica de Coimbra		

Prova 13
25.10.09 - 12:00

Femin., 200m Estilos

15 - 16 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Gabriela Oliveira Andrade 50m: 34.12 34.12 100m: 1:14.52 40.40 150m: 1:55.97 41.45 200m: 2:30.01 34.04	16 Náutico/Matobra	2:30.01	612
2. Tatiana Filipa Santos 50m: 34.56 34.56 100m: 1:11.16 36.60 150m: 1:57.25 46.09 200m: 2:32.82 35.57	15 Ginásio Figueirense	2:32.82	579
3. Adriana Correia Lopes 50m: 35.08 35.08 100m: 1:14.46 39.38 150m: 2:00.92 46.46 200m: 2:34.75 33.83	15 Náutico/Matobra	2:34.75	558
4. Carolina Cunha Martins 50m: 33.93 33.93 100m: 1:15.86 41.93 150m: 2:02.98 47.12 200m: 2:37.83 34.85	15 Náutico/Matobra	2:37.83	526
5. Beatriz Rocha Nunes 50m: 34.86 34.86 100m: 1:14.49 39.63 150m: 2:02.13 47.64 200m: 2:39.64 37.51	16 Ginásio Figueirense	2:39.64	508
6. Ana Claudia Cordeiro 50m: 36.21 36.21 100m: 1:19.75 43.54 150m: 2:03.47 43.72 200m: 2:40.64 37.17	15 Náutico/Matobra	2:40.64	499
7. Mariana Pedroso Carvalho 50m: 34.78 34.78 100m: 1:17.10 42.32 150m: 2:04.68 47.58 200m: 2:42.71 38.03	15 Náutico/Matobra	2:42.71	480
8. Catarina Alexandra Ferreira 50m: 35.28 35.28 100m: 1:17.95 42.67 150m: 2:07.33 49.38 200m: 2:44.01 36.68	15 Náutico/Matobra	2:44.01	468

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 13, Femin., 200m Estilos, 15 - 16 anos

Lugar	Idade	Tempo final	Pts
9. Mariana Costa Sebastiao 50m: 37.56 37.56 100m: 1:17.05 39.49 150m: 2:05.86 48.81 200m: 2:44.97 39.11	15 Ginásio Figueirense	2:44.97	460
10. Claudia Filipa Silva 50m: 40.26 40.26 100m: 1:26.67 46.41 150m: 2:15.21 48.54 200m: 2:55.10 39.89	15 Miranda do Corvo	2:55.10	385
11. Tatiana Cruz Costa 50m: 42.20 42.20 100m: 1:25.95 43.75 150m: 2:20.79 54.84 200m: 2:59.18 38.39	16 Miranda do Corvo	2:59.18	359
12. Joana Carolina Alves 50m: 44.16 44.16 100m: 1:30.91 46.75 150m: 2:23.18 52.27 200m: 3:04.79 41.61	15 Ginásio Figueirense	3:04.79	328
DSQ Mariana Rocha Valente <i>Retomou o percurso após a viragem aos 75 mts (Costas) na posição ventral</i>	15 Náutico/Matobra		
DSQ Raquel Raimundo Ferreira <i>Falsa partida</i>	15 Náutico/Matobra		

Prova 13
25.10.09 - 12:00

Femin., 200m Estilos

17 anos e mais velhos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Maria Miguel Veloso 50m: 33.22 33.22 100m: 1:11.61 38.39 150m: 1:56.05 44.44 200m: 2:30.16 34.11	17 Náutico/Matobra	2:30.16	610
2. Maria Ines Ribeiro 50m: 34.77 34.77 100m: 1:15.32 40.55 150m: 1:59.72 44.40 200m: 2:35.12 35.40	18 Náutico/Matobra	2:35.12	554
3. Raquel Coutinho Gaio 50m: 32.57 32.57 100m: 1:13.40 40.83 150m: 2:00.62 47.22 200m: 2:35.61 34.99	20 Náutico/Matobra	2:35.61	549
4. Solange Patricia Azevedo 50m: 34.58 34.58 100m: 1:14.21 39.63 150m: 2:03.05 48.84 200m: 2:39.51 36.46	21 Náutico/Matobra	2:39.51	509
5. Tania Martins Garcia 50m: 36.34 36.34 100m: 1:17.00 40.66 150m: 2:06.36 49.36 200m: 2:40.87 34.51	18 Ginásio Figueirense	2:40.87	496
6. Raquel Bartolo Vitor 50m: 35.77 35.77 100m: 1:17.55 41.78 150m: 2:05.37 47.82 200m: 2:42.04 36.67	17 Académica de Coimbra	2:42.04	486
7. Ines Barbosa Moreira 50m: 36.81 36.81 100m: 1:18.53 41.72 150m: 2:11.57 53.04 200m: 2:48.29 36.72	18 Náutico/Matobra	2:48.29	434
8. Nadia Filipa Marques 50m: 36.40 36.40 100m: 1:18.24 41.84 150m: 2:10.15 51.91 200m: 2:49.33 39.18	18 Académica de Coimbra	2:49.33	426
9. Cristiana Margarida Lopes 50m: 43.97 43.97 100m: 1:30.22 46.25 150m: 2:27.02 56.80 200m: 3:08.90 41.88	18 Columbófila Cantanhedense	3:08.90	307

Prova 14
25.10.09 - 12:25

Masc., 200m Mariposa

13 anos
Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Francisco Xavier Goncalves 50m: 36.46 36.46 100m: 1:21.45 44.99 150m: 2:10.41 48.96 200m: 2:58.10 47.69	13 Fundação Beatriz Santos	2:58.10	243
2. Eduardo Filipe Carvalheiro 50m: 38.52 38.52 100m: 1:23.99 45.47 150m: 2:13.18 49.19 200m: 3:01.44 48.26	13 Columbófila Cantanhedense	3:01.44	230
3. Alexandre Valdagua Coutinho 50m: 42.54 42.54 100m: 1:35.63 53.09 150m: 2:30.31 54.68 200m: 3:21.93 51.62	13 Columbófila Cantanhedense	3:21.93	167

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 14, Masc., 200m Mariposa

Prova 14 Masc., 200m Mariposa 14 anos
25.10.09 - 12:25 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Francisco Jose Fernandes 50m: 32.95 32.95 100m: 1:12.30 39.35 150m: 1:55.60 43.30 200m: 2:36.75 41.15	14 Lousanense	2:36.75	357
2. Antonio Miguel Correia 50m: 39.17 39.17 100m: 1:24.87 45.70 150m: 2:14.21 49.34 200m: 3:04.87 50.66	14 Lousanense	3:04.87	218
3. Jorge Henrique Roque 50m: 38.74 38.74 100m: 1:25.13 46.39 150m: 2:17.06 51.93 200m: 3:11.23 54.17	14 Ginásio Figueirense	3:11.23	197
4. Joao David Santos 50m: 37.52 37.52 100m: 1:23.24 45.72 150m: 2:18.16 54.92 200m: 3:16.75 58.59	14 Miranda do Corvo	3:16.75	181
DSQ Joao Nuno Grilo <i>Falsa partida</i>	14 Columbófila Cantanhedense		

Prova 14 Masc., 200m Mariposa 15 anos
25.10.09 - 12:25 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Joao Andre Neves 50m: 32.55 32.55 100m: 1:10.60 38.05 150m: 1:51.48 40.88 200m: 2:36.94 45.46	15 Académica de Coimbra	2:36.94	356
2. Francisco Pais Baptista 50m: 38.37 38.37 100m: 1:24.83 46.46 150m: 2:14.35 49.52 200m: 3:01.26 46.91	15 Náutico/Matobra	3:01.26	231
3. Ruben Jordao Fernandes 50m: 38.50 38.50 100m: 1:28.00 49.50 150m: 2:19.31 51.31 200m: 3:09.31 50.00	15 Miranda do Corvo	3:09.31	203

Prova 14 Masc., 200m Mariposa 16 anos
25.10.09 - 12:25 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Joao Pedro Veiga 50m: 34.49 34.49 100m: 1:13.72 39.23 150m: 1:52.28 38.56 200m: 2:30.88 38.60	16 Náutico/Matobra	2:30.88	400
2. Joao Barbosa Moreira 50m: 33.12 33.12 100m: 1:13.08 39.96 150m: 1:55.26 42.18 200m: 2:36.41 41.15	16 Náutico/Matobra	2:36.41	359
3. David Jose Fonseca 50m: 34.75 34.75 100m: 1:14.86 40.11 150m: 1:56.11 41.25 200m: 2:40.03 43.92	16 Columbófila Cantanhedense	2:40.03	336
4. Tiago Andre Silva 50m: 33.46 33.46 100m: 1:20.69 47.23 150m: 2:08.27 47.58 200m: 2:53.37 45.10	16 Columbófila Cantanhedense	2:53.37	264

Prova 14 Masc., 200m Mariposa 17 - 18 anos
25.10.09 - 12:25 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Mario Alexandre Pereira 50m: 29.81 29.81 100m: 1:03.43 33.62 150m: 1:36.56 33.13 200m: 2:09.99 33.43	18 Ginásio Figueirense	2:09.99	626
2. Andre Filipe Lopes 50m: 30.17 30.17 100m: 1:03.99 33.82 150m: 1:39.13 35.14 200m: 2:14.91 35.78	18 Académica de Coimbra	2:14.91	560
3. Andre Rocha Valente 50m: 33.60 33.60 100m: 1:13.25 39.65 150m: 1:53.98 40.73 200m: 2:34.87 40.89	18 Académica de Coimbra	2:34.87	370

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 14, Masc., 200m Mariposa, 17 - 18 anos

Lugar	Idade	Tempo final	Pts
4. Renan Camara Pereira	17 Columbófila Cantanhedense	2:46.59	297
50m: 32.71 32.71	100m: 1:15.89 43.18	150m: 2:00.75 44.86	200m: 2:46.59 45.84

Prova 14 Masc., 200m Mariposa 19 anos e mais velhos
25.10.09 - 12:25 Resultados

Pontos: FINA 2009

Lugar	Idade	Tempo final	Pts
1. Rui Miguel Fonseca	22 Náutico/Matobra	2:12.29	594
50m: 30.26 30.26	100m: 1:03.67 33.41	150m: 1:36.72 33.05	200m: 2:12.29 35.57
2. Pedro Fragoso Lopes	20 Columbófila Cantanhedense	2:13.98	572
50m: 29.87 29.87	100m: 1:03.28 33.41	150m: 1:37.67 34.39	200m: 2:13.98 36.31
3. Joao Aires Gomes	25 Náutico/Matobra	2:20.19	499
50m: 30.92 30.92	100m: 1:06.48 35.56	150m: 1:43.04 36.56	200m: 2:20.19 37.15
4. Hugo Rafael Ramalho	20 Académica de Coimbra	2:20.53	495
50m: 31.04 31.04	100m: 1:05.93 34.89	150m: 1:42.89 36.96	200m: 2:20.53 37.64
5. Luis Miguel Santos	20 Náutico/Matobra	2:21.89	481
50m: 32.16 32.16	100m: 1:09.10 36.94	150m: 1:45.53 36.43	200m: 2:21.89 36.36
6. Hugo Miguel Nunes	20 Náutico/Matobra	2:26.68	436
50m: 33.45 33.45	100m: 1:12.20 38.75	150m: 1:49.22 37.02	200m: 2:26.68 37.46
7. Alexandre Augusto Medina	20 Ginásio Figueirense	2:28.23	422
50m: 31.79 31.79	100m: 1:08.59 36.80	150m: 1:48.40 39.81	200m: 2:28.23 39.83
8. Daniel Alexandre Rodrigues	19 Náutico/Matobra	2:28.28	422
50m: 32.02 32.02	100m: 1:09.21 37.19	150m: 1:48.65 39.44	200m: 2:28.28 39.63
9. Pedro Miguel Conde	20 Náutico/Matobra	2:29.90	408
50m: 34.59 34.59	100m: 1:13.10 38.51	150m: 1:52.88 39.78	200m: 2:29.90 37.02

Prova 15 Femin., 4 x 100m Estilos 12 anos
25.10.09 - 12:40 Resultados

Pontos: FINA 2009

Lugar	Tempo final	Pts
1. Nautico / Matobra Inf B	5:54.19	297
Matilde Oliveira Andrade 12 44.60 1:30.88	Ana Filipa Conceicao 12 41.80 1:31.44	
Rita Verissimo Damasceno 12 43.86 1:37.30	Mariana Portugal Costa 12 35.45 1:14.57	
2. Columbófila Cantanhedense Inf B	5:57.48	288
Vanessa Branco Machado 12 45.55 1:32.68	Mariana Cunha Guerra 12 37.84 1:26.00	
Mariana Pereirinha Santos 12 46.54 1:38.46	Carolina Rua Santos 12 38.39 1:20.34	
3. Ginásio Figueirense Inf B	6:12.16	256
Ana Carolina Pessoa 12 45.87 1:32.82	Margarida Peixoto Pelaio 12 41.34 1:27.78	
Ana Raquel Ferreira 12 46.01 1:36.72	Joana Filipa Roque 12 44.38 1:34.84	

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 15, Femin., 4 x 100m Estilos

Prova 15 Femin., 4 x 100m Estilos 13 anos
25.10.09 - 12:40 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Nautico / Matobra Inf A		Náutico/Matobra		5:20.00	402
	Beatriz Neves Craveiro	13	37.94	1:18.01	Daniela Figueiredo Metelo	13 35.52 1:16.32
	Maria Ines Martins	13	44.06	1:33.95	Andreia Margarida Morgado	13 34.19 1:11.72
2.	Académica de Coimbra Inf A		Académica de Coimbra		5:51.83	303
	Isa Raquel Ramalho	13	46.56	1:34.71	Cintia Mariana Fernandes	13 38.97 1:25.04
	Carolina Costa Duarte	13	46.78	1:38.42	Madalena Maria Ferreira	13 35.25 1:13.66

Prova 15 Femin., 4 x 100m Estilos 14 anos
25.10.09 - 12:40 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Nautico / Matobra Juv		Náutico/Matobra		5:10.57	440
	Maria Ines Almeida	14	36.66	1:15.45	Maria Amelia Gaspar	14 36.53 1:18.07
	Carlota Moura Carvalhos	14	42.24	1:28.94	Ana Carolina Leal	14 32.33 1:08.11

Prova 15 Femin., 4 x 100m Estilos 15 - 16 anos
25.10.09 - 12:40 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Náutico/Matobra Jun		Náutico/Matobra		4:47.29	556
	Adriana Correia Lopes	15	35.92	1:13.10	Carolina Cunha Martins	15 32.84 1:11.68
	Gabriela Oliveira Andrade	16	35.49	1:15.63	Ana Claudia Cordeiro	15 32.14 1:06.88
2.	Académica de Coimbra Jun		Académica de Coimbra		5:09.81	443
	Bruna Miguel Pereira	16	38.53	1:20.80	Joana Reis Veiga	15 34.06 1:14.38
	Mariana Coutinho Souto	15	42.36	1:29.32	Joana Ines Oliveira	15 31.08 1:05.31
3.	Ginásio Figueirense Jun		Ginásio Figueirense		5:10.43	440
	Tatiana Filipa Santos	15	34.14	1:08.63	Beatriz Rocha Nunes	16 33.33 1:11.90
	Mariana Costa Sebastiao	15	43.43	1:32.06	Joana Carolina Alves	15 30.43 1:17.84

Prova 15 Femin., 4 x 100m Estilos 17 anos e mais velhos
25.10.09 - 12:40 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Nautico / Matobra Sen		Náutico/Matobra		4:42.23	586
	Solange Patricia Azevedo	21	34.24	1:10.65	Maria Miguel Veloso	17 32.09 1:07.95
	Maria Ines Ribeiro	18	36.74	1:19.25	Raquel Coutinho Gaio	20 30.95 1:04.38
2.	Académica de Coimbra Sen		Académica de Coimbra		5:03.63	471
	Nadia Filipa Marques	18	36.29	1:15.69	Raquel Bartolo Vitor	17 35.13 1:16.29
	Ana Rita Costa	19	39.25	1:26.37	Rita Nair Ferreira	19 30.43 1:05.28

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 15, Femin., 4 x 100m Estilos

Prova 15 Femin., 4 x 100m Estilos Open
25.10.09 - 12:40 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Nautico / Matobra Abs			Náutico/Matobra	5:03.47	471
	Mariana Rocha Valente	15	38.91	1:19.76	Mariana Pedroso Carvalho	15 34.28 1:13.49
	Catarina Alexandra Ferreira	15	39.86	1:25.02	Ines Barbosa Moreira	18 31.39 1:05.20
EXH	Fundação Beatriz Santos Inf A/B			Fundação Beatriz Santos	5:40.04	335
	Beatriz Filipa Matos	13	38.07	1:18.52	Catarina Antunes Oliveira	12 43.61 1:32.22
	Ines Marcelino Costa	13	42.78	1:31.59	Sofia Ramos Ribeiro	12 36.99 1:17.71

Prova 16 Masc., 4 x 100m Livres 13 anos
25.10.09 - 12:55 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Fundação Beatriz Santos Inf B			Fundação Beatriz Santos	4:52.90	271
	Luis Henrique Neves	13	35.74	1:16.34	Jose Miguel Ventura	13 36.10 1:15.48
	Nuno Miguel Caridade	13	36.21	1:16.02	Francisco Xavier Goncalves	13 29.81 1:05.06
2.	Columbófila Cantanhedense Inf B			Columbófila Cantanhedense	5:01.67	248
	Alexandre Valdagua Coutinho	13	36.71	1:18.38	Francisco Miguel Oliveira	13 34.82 1:14.92
	Diogo Silva Costa	13	38.22	1:18.50	Alexandro Malva Portasio	13 32.59 1:09.87
3.	Nautico / Matobra Inf B			Náutico/Matobra	5:08.02	233
	Jose Miguel Santos	13	33.91	1:12.66	Octavio Afonso Ferreira	13 35.90 1:17.61
	Luis Pedro Silva	13	36.83	1:17.34	Diogo Marques Almeida	13 37.38 1:20.41

Prova 16 Masc., 4 x 100m Livres 14 anos
25.10.09 - 12:55 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Columbófila Cantanhedense Inf A			Columbófila Cantanhedense	4:52.19	273
	Bruno Filipe Ramos	14	39.47	1:24.55	Diogo Andre Santos	14 31.24 1:05.57
	Carlos Eduardo Santos	14	33.76	1:11.52	Joao Nuno Grilo	14 33.20 1:10.55
DSQ	Nautico / Matobra Inf A			Náutico/Matobra		
	<i>Partida antecipada do 4º nadador</i>					
	Tomas Miguel Veloso, Joao Pedro Cardoso, Joao Miguel Belchior, Pedro Coelho Silva					

Prova 16 Masc., 4 x 100m Livres 15 anos
25.10.09 - 12:55 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts
1.	Académica de Coimbra Juv B			Académica de Coimbra	4:03.28	474
	Francisco Xavier Rodrigues	15	28.43	58.81	Gustavo Lopes Ribeiro	15 29.66 1:01.20
	Jose Antonio Forte	15	29.52	1:02.02	Luis de Oliveira	15 28.91 1:01.25
DNS	Nautico / Matobra Juv B			Náutico/Matobra		
	Guilherme Pedro Coelho, Francisco Pais Baptista, Diogo Andre Jorge, Manuel Luis Sousa					

Torneio de Abertura - Categorias
Coimbra, 24. - 25.10.2009

Prova 16, Masc., 4 x 100m Livres

Prova 16 Masc., 4 x 100m Livres 16 anos
25.10.09 - 12:55 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts	
1. Académica de Coimbra Juv A	Académica de Coimbra				3:55.50	522	
Gustavo Almeida Madureira	16	27.10	55.81	Pedro Barros Mendes	16	28.75	59.26
Joao Filipe Lucas	16	28.38	59.81	Francisco Leonardes Alves	16	28.87	1:00.62
2. Columbófila Cantanhedense Juv A	Columbófila Cantanhedense				4:06.31	456	
Tiago Andre Silva	16	31.20	1:04.21	Diogo Cunha Girao	16	28.61	1:00.11
David Jose Fonseca	16	28.77	1:00.07	Hugo Neves Neto	16	29.23	1:01.92

Prova 16 Masc., 4 x 100m Livres 17 - 18 anos
25.10.09 - 12:55 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts	
1. Ginásio Figueirense Jun	Ginásio Figueirense				3:46.41	588	
Mario Alexandre Pereira	18	26.13	53.62	Andre Duarte Vaz	17	28.29	59.31
Rui Correia Tinoco	18	26.62	57.36	Daciano Egidio Sousa	17	26.54	56.12

DSQ Académica de Coimbra Jun Académica de Coimbra
Falsa partida
Andre Filipe Lopes, Tiago Rafael Lopes, Guilherme Joao Patriarca, Andre Rocha Valente

Prova 16 Masc., 4 x 100m Livres 19 anos e mais velhos
25.10.09 - 12:55 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts	
1. Nautico / Matobra Sen	Náutico/Matobra				3:38.03	658	
<i>RR SEN</i>							
Miguel Silva Oliveira	19	25.62	52.58	Jorge Miguel Mendes	20	26.58	55.13
Rui Miguel Fonseca	22	26.48	55.45	Pedro Miguel Conde	20	26.00	54.87

Prova 16 Masc., 4 x 100m Livres Open
25.10.09 - 12:55 Resultados

Pontos: FINA 2009

Lugar					Tempo final	Pts	
1. Nautico / Matobra Abs	Náutico/Matobra				3:48.14	574	
Joao Aires Gomes	25	27.52	56.98	Joao Bernardo Abrantes	20	27.26	56.58
Luis Miguel Santos	20	27.50	57.16	Daniel Alexandre Rodrigues	19	27.08	57.42
2. Columbófila Cantanhedense Abs	Columbófila Cantanhedense				3:59.95	494	
Andre Marques Dinis	17	30.14	1:03.44	Gustavo Alexandre Meneses	18	27.35	57.18
Pedro Fragoso Lopes	20	26.89	57.03	Renan Camara Pereira	17	29.69	1:02.30